

God's Love Songs

100 Days of Comfort and Encouragement



*"The LORD thy God in the midst of thee
is mighty;
He will save, He will rejoice over thee with joy;
He will rest in His love,
He will joy over thee with singing."*

(Zephaniah 3:17, KJV)

Deborah Jean Armstrong

God's Love Songs

100 Days of Comfort and Encouragement

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DEDICATION

With eternal thanksgiving
to Jesus Christ of Nazareth,
the King of Kings
and Lord of Lords,
the Son of the Living God,
for sharing the Life that is in Him,

and

with a lasting debt of love
to all those sons of God
and daughters of God
who follow in His steps
and through whom
I have seen Him more clearly

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God's Love Songs

**Each of us
is the theme
of one of God's love songs.**

"The LORD thy God in the midst of thee is mighty; He will save, He will rejoice over thee with joy; He will rest in His love, He will joy over thee with singing." (Zephaniah 3:17, KJV)

Prayer

Triune God, how I thank You for choosing to love and abide in me! Thank You that You are a Safe Place for me to be. I adore You for the wonder that You rejoice over me with a double joy.

Thank You that I can rest in Your Love with You. I worship that You have Joy in me, so much that You sing over me. May I bring You Joy every day of my life.

Thank You for the strength that I have in Your Joy: please make Your strength perfect in my weakness. In Jesus' Name I ask this. Amen.

References

Nehemiah 8:10; II Corinthians 12:9.

Every Problem Is An Opportunity

**Every problem is an opportunity to grow,
a test to pass,
with a treasure to be gathered,
with a lesson to be learned
that will help in future life challenges.**

"My brethren, count it all joy when ye fall into divers temptations; knowing this, that the trying of your faith worketh patience." (James 1:2-3, KJV)

Prayer

Triune God, I thank You for every growth opportunity that You send into my life. I worship You that, as I turn to You and respond in faith to a problem, You are there for me, and You grow my character to make me more like Jesus. Holy Spirit, please help me bring every situation that arises today to You, that You may fill me with Your wisdom and Your understanding of how to respond.

Triune God, how I worship You that in the tests of life, when I seek You, You give me the answers, so that I can pass! You are like a faithful supervisor during an internship, advising me how to proceed, so that I can succeed. I worship and praise and thank You. In Jesus' Name I pray. Amen.

Reference

Isaiah 11:2.

Let God Love You

Ask to see yourself as God sees you.

**He dreamed you into creation
and He has a glorious picture in His mind
of who He will love you into being,
if you will allow Him.**

"...Christ...loved the church, and gave himself for it; that he might sanctify and cleanse it with the washing of water by the word, that he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish." (Ephesians 5:25-27, KJV)

Prayer

Abba, thank You for loving me so much. Please open me up to You so that I accept all the ways that You want to love me today. Please fill me with Your Holy Spirit of understanding so that I may see Your purpose in every difficulty.

Lord Jesus, may You be glorified as I bring every concern that I face today to You to know how You would have me respond. Holy Spirit, if I forget to bring any of my concerns to God during the day, would You please prompt me? I love You. In the Name and Presence of the Lord Jesus I ask these things. Amen.

References

Isaiah 11:2; II Corinthians 10:5.

Call Unto Me

Griefs and distress are meant to open us to Heaven.

That is their function.

God wants me to ask for help.

*"Call unto me, and I will answer thee, and show thee great and mighty things, which thou knowest not."
(Jeremiah 33:3, KJV)*

Prayer

Abba, thank You for showing me the purpose behind the trials that You send. You have said that I will have many challenges in this life. You have also promised that Your strength "is made perfect" in my weakness. You have promised the comfort of Your Holy Spirit as my constant companion.

I worship You that in every difficulty I can experience more of Your love for me, and learn to know You better. May Your glory shine in me, for Your Light drives out the darkness, and the darkness cannot overcome it. In the Presence and in the Name of the Lord Jesus I ask this. Amen.

References

II Timothy 3:12; II Corinthians 12:9; John 14:16-17; Isaiah 59:19; John 1:5.

Thy Will Be Done

**Love is willing to do what the Beloved needs and asks,
even if it's not what the lover wants.
It takes a deep love to do this.**

"And he went a little farther, and fell on his face, and prayed, saying, O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, but as thou wilt." (Matthew 26:39, KJV)

Prayer

Abba, You Are Love. Lord Jesus, You Are Love. How I worship for the strength of the Love between You, that You, Lord Jesus, were willing to go to the cross because of Your devotion to Your Abba! How I thank You, Abba, that You sent an angel to strengthen Your Son to do Your will! How I worship, Lord Jesus, that Your first use of that new strength was to pray even more earnestly.

Holy Spirit, please open me up by the scalpel of the Word that I may discern what is of me and what is of You, and learn a deeper Love, and walk in the Way of the Love of the Triune God. I adore You, Triune God, that it is possible for me to learn to love like You Love One Another.

In the Name of the Lord Jesus Christ, Who set Himself apart to die for me, I pray these things. I set myself apart for You this day as "a living sacrifice." Please send Your angels to strengthen me, so that I don't try to climb down off the altar. Amen.

References

I John 4:8; Luke 22:42-44; Hebrews 4:12; John 14:26; Ephesians 5:2; John 17:19; Romans 12:1.

"I am the Lord: I change not"

**"I am the Lord: I change not."
In this is utter safety.**

**"Behold, I make all things new."
In this is hope and joy.**

"Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning." (James 1:17, KJV)

Prayer

Abba, how I worship You for all Your good and perfect gifts! Thank You that even when You take me through the fire, You are with me in the fire, walking through the fire with me, just as You were with Shadrach, Meshach, and Abednego. Thank You that the only thing that gets destroyed in the fire are the bonds, just as the ropes binding the three men were consumed, and they walked amid the fire and out of the fire as free men.

I worship and adore You for Who You are, and for loving and protecting me and being constantly present with me. Thank You for delivering me. In the Name and Presence of the Lord Jesus and in the presence of His holy angels I pray. Amen.

References

Malachi 3:6; Revelation 21:5; Zechariah 13:9; I Peter 1:7; Daniel 3:25.

Dancing in God

**There are no missteps in the Divine Dance.
God has Eternity to work with.
He is not constrained by time, and
He works everything to His Glory.**

"And we know that all things work together for good to them that love God, to them who are the called according to his purpose." (Romans 8:28, KJV)

Prayer

Triune God, how I worship You for Your Perfection and for the Beauty of Your work! How I praise You for Your Patience as You work in me! How I adore You that, because I am Your child, You are powerfully at work in every situation that affects me, so that You might bring each situation to a conclusion that is good for me and good for Your other little ones! How I thank and praise You for surrounding me with Your favor!

Thank You that as I walk with You, Lord Jesus, in Your victory parade, a guard of angels surrounds me, with more angels on call. How I worship You, Holy Spirit, that You have gone ahead of me to flood out the adversary, so that I may follow the Light of Your Glory with confidence!

May I follow You faithfully, Lord Jesus, every step of the way, listening to the sound of Your Joy, walking in the Light from Your Face, until the veil is taken away, and I see You Face to face. In Your Holy Name I ask this, with thanksgiving. Amen.

References

Psalm 50:2; II Peter 3:9; Psalm 5:12; II Corinthians 2:14; Daniel 6:14-23; Psalm 91:1, 9-11; Isaiah 59:19; Exodus 33:14; Psalm 89:15; I Corinthians 13:12.

Passing Through the Valley

God can turn our greatest tragedy into our deepest blessing.

"Blessed is the man whose strength is in thee; in whose heart are the ways of them who passing through the valley of Baca (weeping) make it a well; the rain also filleth the pools. They go from strength to strength, every one of them in Zion appeareth before God." (Psalm 84:5-7, KJV)

Prayer

Abba, I worship and adore You for Your great love for me. I worship You that even in the midst of the fire, You are working to make me more like the Lord Jesus.

Please teach me by Your Holy Spirit to sink my roots deeper in You in every trial, that I might bear much fruit. In the Name of the Lord Jesus Christ, and in the resurrection power of Your Holy Spirit, and for Your Glory, I pray. Amen.

References

I Peter 1:7; Ephesians 3:14-21; John 15:4-5.

On the Eve of Forever

**We are on the Eve of Forever,
like Christmas Eve, only better,
because Jesus is risen,
and has ascended to the Father,
and we have the Holy Spirit.**

"But God, who is rich in mercy, for his great love wherewith he loved us,...hath raised us up together, and made us sit together in heavenly places in Christ Jesus." (Ephesians 2:4, 6, KJV)

Prayer

Abba, how I worship You that I stand today on the edge of Eternity! I worship and adore You for the Present Mystery that even Now I am sitting with Jesus in the heavenlies!

You have given me the most Precious Gifts You had to give – Your Son and Your Spirit. How will You not also in Them freely give me everything I need?

I worship You for Your favor toward me and for Your Peace that increases and abounds in me as I learn to know Jesus better. Thank You for calling me to Glory and to purity, that the character of Jesus may be formed in me. "Thy Kingdom come. Thy Will be done in earth, as it is in Heaven." In Jesus' Name I ask this. Amen.

References

Romans 8:32; II Peter 1:2-4; Matthew 6:10.

This is Just the Beginning

**It is as though Jesus says,
"This is just the beginning.
I have such joy in you!"**

"The LORD thy God in the midst of thee is mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing." (Zephaniah 3:17, KJV)

Prayer

Abba, how I worship You for Your great love for me! How I praise and adore You for all the blessings that You are already pouring into today, and that these are just the beginning of all the ways that You will delight in manifesting Your love to me in the days to come and throughout Eternity!

How I praise You that, although I may be "in heaviness" at times through trials, I can still "greatly rejoice" in You! How I worship You that any difficulties are "but for a moment" compared to Eternity! How I adore You for the paradox that the difficulties which seem against us actually work "for us!"

Thank You for the miracles that Your love works in me as I turn to You for help. Thank You that, as I look to You, You produce Glory for me out of every difficulty, like an oyster making pearls. In the Name and in the Presence of the Lord Jesus Christ I pray. Amen.

References

I Peter 1:6; II Corinthians 4:17-18.

They Overcame...By The Word of Their Testimony

**Each of God's children has or will have
a story, stories,
of how He has blessed them in adversity,
because that is what He does.**

"But my God shall supply all your need according to his riches in glory by Christ Jesus." (Philippians 4:19, KJV)

Prayer

Lord Jesus, You have said "one thing is needful" - to sit at Your feet and to hear Your Word. Thank You for Your promise that when I make this choice, like Mary did, this "good part...shall not be taken away" from me. May I rest in Your Presence throughout this day.

I worship You for Your love for me, and for telling me of Your desire that I abide in You, and for making such abiding possible through the power of Your Holy Spirit. Thank You, Abba, for sending Your Holy Spirit to be my constant Comforter and Companion. In Jesus' Name and in Your Presence, Triune God, I pray and rejoice. Amen.

References

Luke 10:42; Exodus 33:14; John 15:4-7, 26.

Eternity vs. Time

**Eternity makes it possible
for God to fulfill His promises to us.
Time is too limited to hold
all the good
that God desires to give us.**

*"For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil..."
(Jeremiah 29:11, KJV)*

Prayer

Abba, how I worship You that all the riches of Heaven are mine in Christ Jesus! Thank You that in Him I inherit all things. How I worship You for the richness of the privilege of knowing You, and of learning to know You better in every day. To know You is Life Eternal. I ask You, "Father of Glory," to fill me with Your "Spirit of wisdom and revelation" that I may know You more deeply in this day.

Please enlighten my understanding, that I may experience the hope to which You are calling me today, and see in Your Spirit, "the riches of the glory" of Your "inheritance in the saints." I ask these things for Your Glory and for my good in the Name of the Lord Jesus Christ. Lord Jesus, I praise and thank You in advance for Your answer, for You have promised that whatever I ask in Your Name, having committed myself to You, and relying on You, I shall receive.

Thank You, Abba, that You have already raised me up in the Heavens in Christ Jesus, and seated me with Him at Your right hand, "far above all principalities and power and every name that is named." I worship You, Father, Son, and Holy Spirit. You Alone are God. Amen.

References

Romans 8:32; Revelation 21:7; Jeremiah 9:24; John 17:3; Ephesians 1:17-18, 20-22; Matthew 21:21-22; John 14:13-14; 15:16; 16:23-24; Ephesians 2:6.

What I Thought I Wanted

**I wanted my life
to go smoothly and easily
until I rolled right up to the pearly gates:
to build a beautiful family,
to have perfect relationships,
with no problems,
a comfy job,
and plenty of money.**

But God had other plans.

**In my difficulties
I called out to Him,
and came to Him for comfort,
and began to know Him better.**

**I realized that He was more interested
in making me whole
on the inside
than in giving me
the externals
that I thought I wanted.**

"And Jesus answered and said, Verily I say unto you, There is no man that hath left house, or brethren, or sisters, or father, or mother, or wife, or children, or lands, for my sake, and the gospel's, but he shall receive an hundredfold now in this time, houses, and brethren, and sisters, and mothers, and children, and lands, with persecutions; and in the world to come eternal life." (Mark 10:29-30, KJV)

Prayer

Abba, I worship You for Your wisdom and for Your plan. Thank You for letting me know that You wanted to fulfill the deepest longings of my heart, and not just pacify me with temporary and lesser gifts. Thank You for refusing to gloss over my brokenness. Thank You for Your passion to transform my character and make me more like Jesus. Thank You that You continue to bring more healing in every day. Thank You for welcoming me into Your family, and for all the relationships that You have given me with Your children.

Thank You that in every problem You have already planned a way for me to walk in victory with You through that problem. Thank You for giving me work and a purpose to fulfill for Your Kingdom. Thank You for providing all my needs - spiritual, emotional, physical, and financial - in Christ Jesus.

I love You, Abba, and I thank You forever for Your favor and for Your goodness toward me and for Your unending gifts in Christ Jesus. In the Name and in the Presence of the Lord Jesus and in the presence of Your holy angels I pray. Amen.

References

Psalm 37:4; 84:6-7; Revelation 12:11; Romans 8:37; Philippians 4:19.

Pray for Perspective

**Pray for perspective, God's perspective.
How will this situation look to you 100 years from now?**

**What I see depends on where I am standing.
If we stand apart from the timeline we are on,
in the heavenlies with God,
we gain His perspective on the situation.**

"For my thoughts are not your thoughts, neither are your ways my ways, saith the LORD. For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts." (Isaiah 55:8-9, KJV)

Prayer

Triune God, I bow at Your feet. You Alone Are God. I worship and adore You. You have met all my needs. You have already given me more in the Love and Power of Your Holy Spirit than I knew to ask for, more than I could have imagined. I worship and thank and praise and adore You. To You be the Glory In Christ Jesus Forever and Ever. Amen.

References

I Samuel 6:17; Ephesians 2:6.

God Is Providing Now

**God is providing right now,
in this minute,
all that I need.
He will keep doing so.**

"But God, who is rich in mercy, for his great love wherewith he loved us...hath raised us up together, and made us sit together in heavenly places in Christ Jesus." (Ephesians 2:4, 6, KJV)

Prayer

Abba, I worship You that in every difficult situation You already know what you want to do for me and through me, and to accomplish in me. Please make me more like You. Please fill me with Your Holy "Spirit of wisdom and understanding," that I may respond to every challenge that I will face today in a way that pleases You and brings You glory.

Lord Jesus, please help me to see where You are and what You are doing, in every circumstance of my life. May I listen for what it is that You want me to know in every challenge. May I be faithful to You in every difficulty. I thank You that as I obey You, You fill me with Your Peace and Your Joy.

Abba, I praise You that You are still the same miracle-working God Who raised Jesus from the dead. In the Name of Jesus Christ of Nazareth I ask all these things. Amen.

References

Isaiah 11:2; John 5:19; Hebrews 12:2; Luke 11:28; Acts 2:32.

I Can Relax

I don't need to have "test anxiety" with Jesus.

**I understand that I will have tests in this life,
and also that He wants and is able
to help me pass all of them,
and do well.**

"...all that will live godly in Christ Jesus shall suffer persecution." (II Timothy 3:12, KJV)

*"Rest in the LORD, and wait patiently for him: fret not thyself because of him who prospereth in his way,
because of the man who bringeth wicked devices to pass." (Psalm 37:7, KJV)*

Prayer

Abba, I worship and adore You. You are my God, and there is no one like You. I praise You that You have been working things out for me my whole life.

Thank You that Your love and Your goodness stay close to me every day of my life. Thank You that you are ardent in Your desire to bless me, that You are eager for me to have more experience of Your love.

Thank You that in Wisdom all Your ways are pleasant, and all Your paths are peace. Please strengthen me by Your mighty Holy Spirit to stand firm in every test, fully clothed in the armor that You provide. In the Name of the Lord Jesus Christ I ask this, for Your glory. Amen.

References

I Samuel 2:2; Romans 8:28; Psalm 23:6; Proverbs 3:17; Ephesians 6:13-17.

Created For Love

We are created for intimate, passionate relationship with God.

Christ gave Himself once for our sins.

**Christ continues to give Himself, ongoing,
in every moment,
to make this intimate relationship possible.**

"And for their sakes I sanctify myself, that they also might be sanctified through the truth." (John 17:19, KJV)

Prayer

Lord Jesus, I worship You for giving Yourself for me in this day that I might be brought into complete harmony with You and with the Father in the power of Your Holy Spirit, and into oneness with all those who love You in truth.

I worship You, Triune God, for Your Love that makes this possible. You are Love, and I ask that You fill me to overflowing with the mystery of Your Love. In the Name of Jesus Christ I ask this. Amen.

References

John 17:11, 20-23; I John 4:7-8; Ephesians 3:14-19.

Experiencing God

To know God is to experience Life Eternal Now.

**To live in heaven after death
is part of God's plan
for His children;
to live in and experience
the heavenly realm
in the Spirit with Him
Now
is Life abundant.**

**"Salvation" isn't just from hell at death;
it is experiencing being safe and secure in Jesus Now.**

"And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent." (John 17:3, KJV)

Prayer

Abba, I worship You for Your good and perfect plan for me, that in You I can look to Jesus now. I worship You that by faith as Your great gift I can see Him now in Your Spirit and, gazing at Him, become more like Him. I ask that You will strengthen me to fix my gaze on Jesus, and not become distracted by this world. In Jesus' Name and for Your glory I ask this. Amen.

References

Romans 12:2; Hebrews 12:1-2; II Corinthians 3:18.

One Step At A Time

Sometimes the Christian "race" is a walk.

Dr. Cheryl Sanfacon, a long-time member of Tenth Presbyterian Church and a retired Christian psychiatrist, has become known by her friends as "Doc," an acronym for three favorite reminders that she gave to her patients:

D – "Don't panic."

O – "One step at a time."

C – "Cool your corpuscles."

"This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh." (Galatians 5:16, KJV)

Prayer

Abba, I thank You that You call me to rest in You and to wait patiently for You. You are my Fortress, my Tower, and my Strong Deliverer. You have promised that "the truth shall set you free," and I worship You that as I understand Your truth about a situation, and Who You Are in that situation, and who I am in that situation, You set me free. Please help me to bring every thought captive to You, that I might examine it in the Light of Your Truth.

I worship You that You have "not given us the spirit of fear; but of power, and of love, and of a sound mind." I thank and praise You that Your will is for me is to walk in Your love. Help me to learn to know You better and to walk in You. In Jesus' Name I ask these things, trusting Your promise that what I ask in Jesus' Name I will receive. Amen.

References

Hebrews 12:1-2; Psalm 37:7; Psalm 18:2; John 8:32; II Corinthians 10:5; II Timothy 1:7; Ephesians 5:2; John 15:16.

Instant Messaging

**In God,
we have "instant messaging."**

*"And it shall come to pass, that before they call, I will answer; and while they are yet speaking, I will hear."
(Isaiah 65:24, KJV)*

Prayer

Abba, thank You for abiding with me. Thank you for keeping me as the "apple" of Your eye, for hiding me under the shadow of Your wings. Thank You for making ongoing communion with You possible in Your Holy Spirit. Thank You that You hear me every time I call.

Please open my heart to receive Your response. May all of Your Words find a Home in me, a place to rest, and germinate, and grow. May I meditate on them when I sit, and when I rise, when I lie down, and when I walk about. I worship You for Your love, and for making clear to me Your desire to live in Your love with me. I pray these things in Jesus' Name. Amen.

References

Psalm 17:8; Deuteronomy 6:7.

God's Love Letters

**Our lives are a story.
As we live,
we write
page after page.**

"...ye are...the epistle of Christ..., written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart." (II Corinthians 3:3, KJV)

Prayer

Abba, thank You for letting me know Your plan - that You want to make me a love letter from the Lord Jesus for all to see. Please remove everything in me that might make Your love letter difficult for others to read and take in.

I worship You, Holy Spirit, that You are the ink by Whom this is done: please write more of Your love on my heart. Write on my heart Who You Are, and who You have created me to be.

Thank You for every person who has poured into my life, and who has ministered to me, and who has written Your love on my heart. Please bless them today with an overflowing experience of Your love for them, and of Your joy in them for their faithfulness. Please lift them up closer into Your love, and place a hedge of protection around them, that they may continue to minister Your love to others. In Jesus' Name I ask these things. Amen.

God Needs Eternity

**God needs the Timelessness of Eternity
to fully express His love for us.**

"He hath made every thing beautiful in His Time..." (Ecclesiastes 3:111, KJV)

Prayer

Abba, would you please open my heart to receive all the ways that You want to love me today? Sometimes I get so focused on what I think I want, that I am not open to what You want to give. Please forgive me for turning away from You and from Your good and perfect gifts in that way. Please cleanse me so that nothing gets in the way of the flow of Your love toward me.

Please remove those things from my life, even good things, that get in the way of what is best for me. Please teach me the highest way, Your way of love. Thank You, Lord Jesus, for setting Yourself apart for me to make me more like You. In Your Name and in Your Presence I ask these things. Amen.

References

I Corinthians 12:31; John 17:19.

Protection

**To the child wrapped
in the Light and the Love of God,
others cannot do lasting harm.**

"And all thy children shall be taught of the LORD; and great shall be the peace of thy children....thou shalt be far from oppression...terror shall not come near thee. Behold, they shall surely gather together, but not by me: whosoever shall gather together against thee shall fall for thy sake....No weapon that is formed against thee shall prosper." (Isaiah 54:13-15, 17, KJV)

Prayer

Abba, let me learn to live in Love with You. Teach me to open fully to You, while turning away from and keeping out all that is not of You.

Protect me from responding to others in a way that would grieve Your Holy Spirit, and hurt me also. Protect me from acting in any way that would diminish Your Light in me, or cloud the Light of Your Glory.

Purify me so that I reflect You more clearly. I praise and worship You that this is Your plan for me, and I thank You for revealing Your Love to me. In Your Name and for Your Glory, I ask these things. Amen.

References

I Corinthians 12:31; 13; Zechariah 13:9.

Becoming More Myself, and Becoming One

**The deeper I go in God's love,
the more completely I become myself.**

**Deep in Him,
we are each fully ourselves,
unique,
wonderful,
and increasingly one.**

"That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou hast sent me. And the glory which thou gavest me I have given them; that they may be one, even as we are one." (John 17: 21-22, KJV)

Prayer

Abba, I worship You for drawing me to You with Your love for me. How I thank You for Your compassion for me and for Your grace toward me! Thank You for Your tender care for me, and for all Your provision of everything that I need. Thank You especially for sharing with me Your Glory, and Your indwelling Holy Spirit.

Holy Spirit, please fill me up to overflowing with the love of God, so much that Your love overflows from my life toward others. Lord Jesus, please increase my ability by the power of Your Holy Spirit to abide in You, and fill me with Your Peace and with Your Joy. In Your Name I ask these things. Amen.

References

Hosea 11:4; Philipians 4:19; John 17:13, 22, 26.

A New Invitation

**Every moment
is a new opening
of Heaven's heart –
a new invitation
to learn
a Deeper Love.**

*"As for me, I will behold thy face in righteousness: I shall be satisfied, when I awake, with thy likeness."
(Psalm 17: 15, KJV)*

Prayer

Abba, I worship You that You keep on loving me. Thank You that with every breath I may take in more of Your Spirit, to keep being filled, so that every interaction with others is an opportunity for me to overflow with Your love.

Who but You can open my eyes in faith to see You so that You can transform me by the experience of Who You Are? How I praise You that this is Your plan, and for making it clear to me! How I thank You that in You this is possible! May I be fully conformed, Lord Jesus, to Your likeness, so that when others look at me, they see You. In Your Name I ask this. Amen.

References

Ephesians 5:18; Hebrews 12:2; Romans 8:29.

Safe Forever

**God loves me
with a Love so vast
I can't find my way out of it,
and I don't want to –**

**a Love so deep
I can explore it forever,
moving deeper and deeper in.**

**I am blanketed in Love and grace,
safe forever.**

*"But, beloved, be not ignorant of this one thing, that one day is with the Lord as a thousand years, and a thousand years as one day. The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance."
(II Peter 3:8-9, KJV)*

Prayer

Abba, I worship You for Your protection, that even though You surely will bring this present world system to an end, I am safe forever in You. I am awed at the greatness of Your love and tender concern for me, just one of Your little ones on this earth that You have made. I marvel at how You work out the details of my life.

Thank You for letting me know what You are doing in me and around me. Please fill me with the wisdom and understanding of Your Holy Spirit, that all my choices may bring You joy. In Jesus' Name I ask this. Amen.

References

John 15:15; Isaiah 11:2.

What Is Eternal Life?

**"Eternal life"
includes communion now
with God,
a process
of intimate knowing and conversation.**

**It is far, far more
than life with God after death.**

"And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent." (John 17:3, KJV)

Prayer

Abba, how I worship You that I can experience You in an ongoing way! Lord Jesus, I adore You for loving me so much that You want to spend every minute of every day with me! Holy Spirit, thank You for making it possible for me to live in intimate communion with You, the Triune God!

I worship You for the Spirit of oneness and for the love that I experience with others who love You. May we glorify You together.

Please continue to cleanse me from everything that would get in the way of knowing You better and of loving as You love. In the Name of the Lord Jesus Christ I ask this. Amen.

References

John 17:19; John 14:26; John 13:34.

The Light of His Love

**It is as though God says,
"I need eternity to love you.**

**My love for you will always be
greater
and deeper
than you have yet experienced."**

"I bow my knees unto the Father...that ye, being rooted and grounded in love, may be able to comprehend with all saints what is the breadth, and length, and depth, and height; and to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God." (Ephesians 3:14, 17-19 KJV)

Prayer

Abba, I thank You that Your Love covers all of us, Your holy ones, for all the length of our lives. May I set aside the time today to welcome Your Love inside me.

Please fill me to overflowing with Your Holy Spirit, so that the Lord Jesus, Your Anointed One, may abide in my heart. Lord Jesus, may I send my roots down deep into Your love. Lay a firm foundation of Your love in my life, for You Are Love. May the Light of Your Love shine in me. In Your Name I ask this. Amen.

References

Ephesians 5:18; I John 4:8; John 1:5.

Finishing With Joy Can Start Now

You may be familiar with the achievements of golfer Erik Compton. What you may or may not know is that he has had two heart transplants, one at age 12 and another at age 28. Erik credits his move into golf to health issues: golf was less taxing than baseball and football, which he loved. He has persisted with and excelled in golf, and believes that his health challenges have strengthened his spirit.

St. Paul likened his spiritual journey to an athletic event, a race that he wanted to finish "with joy." St. Peter taught that we, as the beloved of God, will be tested by difficulties, and can rejoice now in the glory that is to come as we pass in faith through suffering.

What a gift our challenges can be!

**Every emotional and spiritual and physical challenge,
when we cry out to God,
can bring us closer to Him.**

"Blessed is the man whose strength is in thee; in whose heart are the ways of them, who passing through the valley of Baca make it a well; the rain also filleth the pools. They go from strength to strength, every one of them in Zion appeareth before God." (Psalm 84:5-7, KJV)

Prayer

Thank You, Abba, for the people who have inspired me. Would You please make my spirit resilient like theirs? Holy Spirit, please strengthen me to persist, to persevere, and to be ardent about learning to know God better. Please strengthen me to run this race so that I complete the course that You have laid out for me. May I focus on Your purpose for me in every day, and keep looking to Jesus.

Lord Jesus, I want to know You and the power of Your resurrection, even if it also means experiencing the fellowship of Your sufferings. I love you, Lord Jesus, and I ask these things in Your Name. Thank You for Your promise that, as I abide in You, You will answer. Amen.

References

Acts 20:24; I Peter 4:12; I Corinthians 9:24, 26; Hebrews 12:2; Philippians 3:10; John 14:13.

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Resting In Jesus

**God's goal
is to bring you safely, gently, securely Home,
loving you all along the way.**

**That Way is Jesus,
and you can rest in Him even now.**

"Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light." (Matthew 11:29-30, KJV)

Prayer

Thank You, Triune God, that You are my Strong Tower: I run into You and I am safe. Lord Jesus, I worship You for dying for me so that I can be safe and secure forever in You. Abba, I thank You for accepting Jesus' sacrifice for me.

How I thank You for Your gentleness with me, especially when I have been wounded and about to faint! May I also, by the power of Your Holy Spirit, be gentle and loving with Your other little ones.

Please transform my way of being, so that I am like You in this world. Please teach me to live in harmony with the mystery that You Are Love. In Jesus' Name and for Your Glory I ask this. Amen.

References

Proverbs 18:10; Acts 4:12; Isaiah 42:3; Galatians 5:22-23; I John 4:15-17.

Learning The Dance

**Fasting is a way
to get more in step
with the Holy Spirit,
so that the Dance is more beautiful.**

"And there was one Anna, a prophetess, the daughter of Phanuel, of the tribe of Aser: she was of a great age, and had lived with an husband seven years from her virginity; And she was a widow of about fourscore and four years, which departed not from the temple, but served God with fastings and prayers night and day." (Luke 2:36-37, KJV)

Prayer

Triune God, how I worship You that You have come in my life, and for all that You have brought about, and are bringing about right now! I am so grateful for Your Holy Presence with me. Thank You, Lord Jesus, for setting Yourself apart for me, so that I can, in You, truly set myself apart for You. Please fill me to the brim with my joy in Your joy.

Holy Spirit, I worship that You move in me and make clear the next step that You have prepared for me to take. I worship that You rise up and go ahead of me in the cloud of Your Glory. May You be glad and delight in me as I follow you.

Thank You for letting me know that You rest in Your love for me. Please teach me to still myself, so that I may rest in Your love with You.

Please continue to cleanse me of everything in my life that is not of You. In Your Name I ask these things. I rejoice in Your promise that, as I trust in and rely on You, whatever I ask in Your Name, You will do. Amen.

References

John 17:19; Zephaniah 3:17; Isaiah 59:19; Exodus 13:21-22; 16:10; John 15:11; Psalm 46:10; John 14:12-14.

An Easy Yoke

**Fasting is a way
to make the path ahead easier,
for Jesus' "yoke is easy,"
and His "burden is light."**

"Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light." (Matthew 11:29-30, KJV)

Prayer

Lord Jesus, I am coming to You now. I bring You the load of all my unrealistic expectations of myself, and lay them at Your feet. Please give me clarity about what You intend for me to accomplish in a day, and what Your priorities are.

The first thing is for me to love You utterly - heart, soul, and mind. May I bring to You all my feelings in this day, so that You and I can talk about them. May I bring every thought captive to You, to examine with You whether it aligns with Your truth. May I seek You in every experience this day, in every event, that I may know Your ongoing Presence and purpose for me as I move through each task and each interaction. Holy Spirit, please fill me with Your wisdom so that I may know how best to respond in every situation.

Lord Jesus, I ask You for rest, for times apart with You of utter rest, that I may let go of other responsibilities and rest in You, just as You rest in the bosom of the Father. Triune God, I thank You for the Example that You Are of resting. Please teach me to follow Your example in setting apart time to rest, every week and every day.

May I truly experience, Lord Jesus, that Your yoke is easy, and Your burden is light. I ask this in Your Name. Amen.

References

Matthew 22:37-38; II Corinthians 10:5; Isaiah 11:2; John 1:18; Genesis 2:2-3; Mark 6:31.

Resting In God

**Fasting is a time
to rest in the arms of God
while he prepares the path ahead,
so all will go smoothly.**

"If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you. Howbeit this kind goeth not out but by prayer and fasting." (Matthew 17:20-21, KJV)

Prayer

Abba, I worship that You have made a way for me so that nothing You require is impossible. Thank You for the clarity of Your Word on this matter. Thank You for those who walk in Your Light, and who have taught me by their lives the value of prayer and fasting. I praise You that, as miraculously as Christ was formed in the body of Mary, so Christ may be formed in me.

Lord Jesus, You have called me to lay down my life with You, as truly as though I lay with you in the garden tomb. Abba, I ask that as I commune with Jesus there, going down into death with Him, that You would raise me up with Him by the power of Your Holy Spirit to walk each day in Your Light and in a deeper understanding of You.

You already know what lies ahead of me this day, and every challenge that I will face. Please prepare me and strengthen me so that Your Light shines through me in every interaction. Please bring me into harmony with the music that You, Father, Son, and Holy Spirit, sing to one another, the music of Your Love for One Another, that I may love as You love. In Jesus' Name I ask this. Amen.

References

Hebrews 13:7; Galatians 4:19; Galatians 2:20; Galatians 5:24-25; I Thessalonians 4:9.

Wisdom From Above

**When you feel yourself getting pulled
into a way of behaving
that is not you
and is not constructive,
know that the adversary has been at work,
and is trying to press you
to take a script
and play a role
that will hurt you
and the other person.**

"For God is not the author of confusion, but of peace..." (1 Corinthians 14:33, KJV)

"...the wisdom that is from above is first pure, then peaceable, gentle, and easy to be intreated, full of mercy and good fruits, without partiality, and without hypocrisy." (James 3:17, KJV)

Prayer

Lord Jesus, how I worship You that You are the Ultimate Reality, breaking through into Time, and into my life! How I praise You for the ability You give to discern what is, and what is not, of You! How I worship that some day You will break through the veil and reveal Yourself to me Face to face, and come to take me Home! In the meantime, how I worship You that in Your Holy Spirit, You show Yourself to me now, and bring me Home to God in spirit!

Triune God, how I praise You that You are always present with me! May I know more and more fully the length and breadth and height and depth of Your Love for me, that I may love as You love.

Abba, I worship You that even now You have raised me up in the heavenlies in Christ, and seated me with the Lord Jesus at Your right hand, where all His enemies are under His feet. Thank You for Your great grace to me, and for favoring me. May I live in harmony with all that You have revealed to me in Jesus, in Whose Name I pray. Amen.

References

I John 3:2; Psalm 139:8; Ephesians 1:20; 2:6; 3:14-21.

Welcoming Jesus

**It is as though Jesus says,
 "Take Me in completely.
 Let Me and My Love and My Words
 become as intrinsically you
 as the food you eat.
 This is Communion."**

*"As for me, I will behold thy face in righteousness: I shall be satisfied, when I awake, with thy likeness."
 (Psalm 17:15, KJV)*

Prayer

Lord Jesus, You are the Lover of my soul. I worship You that by the power of Your Holy Spirit it is possible for me to open up to You and take You in, to welcome You inside me. Please transform me with Your Love. May I be faithful in every day to let the water of Your Word wash over me and cleanse me. May I be so full of Your Word that "it is my meditation all the day."

Triune God, may I experience the depth of the Reality that we represent in each Communion service: that You purpose for me, as part of the Bride of Christ, to become one with You, to live in Communion with You in every moment. I worship You for creating me for such an intimate love, and for making this possible.

Lord Jesus, I notice that some couples who have lived together a long time start to look like one another; I love You, and I want to look like You, as clearly as though I were a mirror reflecting You. I worship You that the more I look like You, the more You will be magnified and glorified. Thank You for Your promise that whatever I ask in prayer, believing, I will receive. Amen.

References

Mark 4:20; Ephesians 5:25-27; Psalm 119:97; John 17:20-23, 26; II Corinthians 3:18; Matthew 21:22.

I Am Able

It is as though God says to us through His Holy Spirit,

**"You will have strength and stamina, wisdom and comfort,
and the ongoing experience of My Love.
I have called you, and I Am able to perform this."**

"The eternal God is thy refuge, and underneath are the everlasting arms..." (Deuteronomy 33:27, KJV)

Prayer

Lord Jesus, I worship You that You promised, "I will not leave you comfortless: I will come to you." Thank You that You are here right now in the light of Your Glory. How I worship that by faith I can see You!

Triune God, I worship You that You are my refuge, that You hold and comfort me, just as Jesus lifted up and held the little children in His arms, and blessed them. How I worship You for lifting me up closer to You, that You have raised me up in the heavenlies in the Lord Jesus, "far above all principality and power!"

I worship You that You drive out the adversary before me. Abba, You know my frame: You remember that I am dust. Please strengthen me by Your Holy Spirit, and fill me with Your Joy. For Your Glory and in the matchless Name of the Lord Jesus I ask these things. Amen.

References

John 14:18; Hebrews 12:2; Mark 10:16; Ephesians 1:21; 2:6; Exodus 23:30; Psalm 103:14; Nehemiah 8:10.

The Father's Love Gift

It is as though Jesus says to us through His Holy Spirit,

**"I Am the Father's love gift to you,
and you are the Father's love gift to Me."**

"And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him." (1 John 4:16, KJV)

Prayer

Lord Jesus, thank You for treasuring and cherishing me. Thank You, Abba, for keeping me safe in Your hand. Thank You for letting me know that I am precious to You. Thank You that my name is written in heaven.

Please fill me with Your Spirit of revelation and show me Who You Are so that I may know You better. Please purge me of any misconceptions about Who You Are and fill me with Your Truth. May I glory in learning to understand and know You.

How I worship You for making me alive in Jesus, and for raising me up in Him! Triune God, let me be like the eagle, seeking You and waiting on You for the warm updrafts of Your Holy Spirit, that I may rise up in You. In Jesus' Name I ask this. Amen.

References

John 10:29; Zechariah 2:8; Luke 10:20; Ephesians 1:17; Jeremiah 9:24; Ephesians 2:4-6; Isaiah 40:31.

I Am The Way

**The Way into the Holy of Holies
is Forever open to us.
God does not shut us out.
We may worship
in God's Presence
Forever.**

"Whom have I in heaven but thee? and there is none upon earth that I desire beside thee. My flesh and my heart faileth: but God is the strength of my heart, and my portion for ever." (Psalm 73:25-26, KJV)

Prayer

Abba, how I worship You that the veil that separated me from You has been torn in two! How I praise You, Lord Jesus, that in You I may enter into the Holiest Place where You rest in the bosom of the Father!

Thank You that You call me to rest there with You. Please teach me, Lord Jesus, to cease from striving in my own strength, and to work with You in such a way that I may rest deeply in You at the same time.

Triune God, thank You that as I set myself apart for You, You fill me with Yourself and Your Holiness. Please purify me, Abba, of everything that would detract from Your Glory, that You may shine through me more clearly. In the Name of the Lord Jesus Christ I ask these things. Amen.

References

Matthew 27:51; Hebrews 10:20; John 1:18; Hebrews 4:9; Matthew 11:28; Ephesians 3:19; John 15:2.

Open My Eyes

**May God open our eyes to see
the angels all around us,
as we walk with Him in Heaven's realm,
in Jesus,
full of the Spirit,
moving in the Shekinah Glory of God.**

"And he answered, Fear not: for they that be with us are more than they that be with them. And Elisha prayed, and said, LORD, I pray thee, open his eyes, that he may see. And the LORD opened the eyes of the young man; and he saw: and, behold, the mountain was full of horses and chariots of fire round about Elisha." (II Kings 6: 16-17, KJV)

Prayer

Lord Jesus, You are the Captain of the Lord of Hosts, and You are here now. How I worship You that You lead me today in Your triumphal procession, with Your holy ones all around me!

How I thank You for giving me Your Glory, the Glory which the Father gave You. May I be being filled all day long with the Holy Fire and the Resurrection Power of Your Holy Spirit, that I may walk with You in new Life, and bring You Glory. In Your Name, which is above every Name, I ask this. Amen.

References

Joshua 5:14; Ephesians 2:6; II Corinthians 2:14; Hebrews 12:1; John 17:22; Ephesians 5:18.

Alight In Jesus

**Lord Jesus,
May I light up in You,
glowing,
like a Christmas tree connected to its Power Source,
joined in the flow of Love and Passion and Power.**

"There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love." (1 John 4:18, KJV)

Prayer

Triune God, I worship before Your throne, kneeling before You in the Presence of Your Glory. How I praise and adore You! There is none like You. You Are God alone.

How I worship You for choosing me to reflect Your Glory! "What is man, that Thou art mindful of him? and the son of man, that Thou visitest him? For Thou hast made him a little lower than the angels, and hast crowned him with glory and honour. Thou madest him to have dominion over the works of Thy hands; Thou hast put all things under his feet." (Psalm 8:4-6, KJV)

Thank You, God, for sharing Your Glory with me. May I bring You honor and praise all the days of my life. Holy Spirit, please fill me with the Shekinah Light of Your Glory as I gaze at Jesus, that I may be more like Him, and bring glory to You, the Triune God, Forever. In the Holy Name of Jesus I ask this. Amen.

References

Exodus 9:14; II Corinthians 3:18.

When God Sings

It is as though God says,

**"You bring up music in Me.
I sing in you.
I sing over you
while you rest in Me."**

"The LORD preserveth the simple: I was brought low, and he helped me. Return unto thy rest, O my soul; for the LORD hath dealt bountifully with thee. For thou hast delivered my soul from death, mine eyes from tears, and my feet from falling." (Psalm 116:6-8, KJV)

Prayer

Abba, how I worship and adore You for the greatness of Your Love for me! Having created Adam and Eve, You rested; recreating us in Jesus, You sing. How I worship You that You surround me with the music of deliverance! How I bless You for calling and choosing me to be part of Your new creation!

Thank You, Lord Jesus, for bearing my sin, and for interceding for me with the Father. May I so live, by the power of Your Holy Spirit, that when You look at me You may see the fruit of Your travail, and be satisfied. May I bring You happiness and joy, and hear You celebrate over me. May I hear and delight in Your singing as You sing over me. May I live in tune with Your songs.

Triune God, please teach me to wait on You, that You may calm me with Your Love. In Jesus' Name I ask these things. Amen.

References

Genesis 2:2; Zephaniah 3:17; Psalm 32:7; Romans 8:34; Isaiah 53:6, 11-12; Psalm 42:8; Psalm 27:14.

Water of Life

It is as though God says to us,

**"I need the Timelessness of Forever
to adequately convey to you
how much,
how deeply,
and for how long
I have loved you."**

"Blessed are they which do hunger and thirst after righteousness: for they shall be filled." (Matthew 5:6, KJV)

"Jesus answered and said unto her, Whosoever drinketh of this water shall thirst again: But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life." (John 4:13-14, KJV)

Prayer

Thank You, Abba, for setting eternity in my heart, so that I cannot be satisfied with temporal things alone. Lord Jesus, I want to drink deeply and Forever of the Water of Life that You came to give. Water of Life, spring up in me in every day, bubbling up like an artesian fountain from deep within. Flow through me with the Life of God.

Holy Spirit of God, I worship You. I thank You and praise You for teaching me, and for comforting me in every life circumstance, and for strengthening me to walk as Jesus walked.

How I praise You, Abba, for the gift of Your Holy Spirit! Lord Jesus, please clear the way of everything in me that impedes the free flow of Your Spirit in me. In Your Name I ask these things. Amen.

References

Ecclesiastes 3:11; I Thessalonians 4:9; John 14:26; I John 2:6; John 15:2.

Uniquely Precious

**Without you,
Creation
would be missing something priceless,
irreplaceable.**

You are uniquely precious to God.

"When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee. For I am the LORD thy God, the Holy One of Israel, thy Saviour....thou wast precious in my sight, thou hast been honourable, and I have loved thee..." (Isaiah 43:2-4, KJV)

Prayer

Lord Jesus, how I praise You that I am part of *Your* inheritance! How I adore You that You are *my* Inheritance! Holy Spirit, how I worship that You are the "Rain" that confirms my inheritance, the seal of what is yet to come!

Thank You, Abba, that in Jesus You also freely give me "all things." All Creation belongs to You, and I walk daily amid abundant supply. How I worship You that all the Strength, all the Joy, all the Peace, and all the Love that I need for today are already mine in You!

May I rest today in Your easy yoke, even as I work with my hands that I may have something to share with others in Your Kingdom. I love You, Lord Jesus, and I thank You for loving me. In Your Name and in the Peace of Your Presence I pray. Amen.

References

Psalm 33:12; 16:5; 68:9; Ephesians 1:13; Romans 8:32; Deuteronomy 10:14; Exodus 15:2; Galatians 5:22; Matthew 11:30; Ephesians 4:28.

Ongoing Communion

It is as though Jesus says,

"I created you with a deep and unending longing that only ongoing Communion with Me fills.

Being with Me, talking with Me, letting Me love you, opening again and again to My love for you, in you - this is the way: I Am the Way.

You need Me deeply, and I Am passionate about you. The need and its fulfillment are both My gifts to you."

"And Enoch walked with God: and he was not; for God took him." (Exodus 5:24, KJV)

Prayer

Triune God, may You be able to say of me as You say of Enoch, that I walked with God! May I be attuned to You in every day, in every moment. Lord Jesus, You did nothing apart from what You saw the Father doing: may I also align my behavior with Yours so that I please the Father. Most of all, may I walk in Your Way of Love.

Triune God, how I worship You that You Are Love! Abba, how I praise You for revealing Yourself to me in Jesus! How I thank You for the gift of the Holy Spirit! Thank You that You Yourself teach me how to love others!

Please fill me today, Holy Spirit, that I may love You and the Lord Jesus and Abba with Your Love, with all my heart, with all my soul, with all my mind, and with all my strength. Please fill me with Your Joy and with Your Peace, and strengthen me to love my neighbors, my friends, my family, and even those who oppose me, as You love. Thank You, God, for All that You Are, and for hearing my prayer.

In Jesus' Name and in Your Presence, Almighty God, I pray. Amen.

References

John 5:19; 14:9; I Corinthians 12:31-13:13; I John 4:8; John 1:18; I John 2:27; I Thessalonians 4:9; Ephesians 5:18; Mark 12:30; Galatians 5:22; Matthew 5:44.

Letting Go

**Sometimes Peace comes
as I let go
of what I thought I wanted,**

**as I cease wrestling with God,
and align myself
with His Purpose for me.**

**Resting in His Presence,
I feel safe and calm.**

"And He said to them all, If any man will come after Me, let him deny himself, and take up his cross daily, and follow Me. For whosoever will save his life shall lose it: but whosoever will lose his life for My sake, the same shall save it." (Luke 9:23-24, KJV)

Prayer

Dear God, how I worship You that I can cast all my care on you, that I do not need to be troubled or distressed! Thank You that I can bring every concern, every thought, captive to You, Lord Jesus, and listen to Your Truth about each situation.

Thank You, Triune God, that You live inside me. Thank You that in You I have all the provision I need to live this day filled with Your Love and Your Joy and Your Peace. Thank You that, whether I have little or much of this world's goods, You give me richly all things to enjoy and enough to share. May I bring You glory in this day. In Jesus' Name I ask this. Amen.

References

I Peter 5:6-7; II Corinthians 10:5; Ephesians 3:19; Philippians 4:19; I Timothy 6:17.

The Process of Perfection

**Perfection
is not a static state.
Perfection is in the Moment
of Openness to God.**

**Moments of that Communion,
sequenced,
become Process.
Perfection is that Process.**

**Perfection
is the Process
of Moment
by Moment
Openness
to God.**

"Be ye therefore perfect, even as your Father which is in heaven is perfect." (Matthew 5:48, KJV)

Prayer

Abba, how I worship You that You are in the process of making me more like you! Thank You that You so favor me as Your daughter* that You want me to resemble You, so that people will know that I am Yours. I worship that You love me and have adopted me as Your own.

Thank You, Lord Jesus, for buying me back from a fruitless way of life. Holy Spirit, please fill me in this day to the brim that I may bear much fruit "to the glory and praise of God." (Philippians 1:9-11, KJV)

Triune God, may I abound in the experience of Your love for me, and may Your love flow through me today in every interaction with others. Please fill me with Your Spirit of wisdom and understanding, that I may see from Your perspective, and live accordingly. How I praise You that in You all this is possible! In Jesus' Name I ask these things. Amen.

References

Romans 8:15; I Peter 1:18-19; Galatians 5:22-23; Isaiah 11:2.

* or son

Shalom

**In Jesus' Love and Passion for us
is healing.**

**Hidden together in His Mighty Love,
Who is our Strong Rock,
we are safe, secure.**

"But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed." (Isaiah 53:5, KJV)

Prayer

Triune God, how I worship that Your plan is for me to live in *shalom* - to experience wholeness and safety! Thank You for establishing Your covenant of peace with me. May I be still and experience that You are God: may I rest in the quietness and tranquility of Your Presence.

Thank You that You have not given me "a spirit of fear, but of power, and of love, and of a sound mind." (II Timothy 1:7, KJV) Thank You that Your desire is that I may prosper and be in physical health as well as in emotional and spiritual health. Thank You for providing good food and warm and comfortable clothing. May I be filled with contentment in becoming more like You.

Thank You, Lord Jesus, that You intercede daily to the Father for my welfare, along with Your Holy Spirit. Thank You that You reveal to me all that You have heard from the Father and treat me like a friend. Thank You that I am complete in You. May I abide in You, the Prince of Peace.

Resting in Your Presence and in Your Name, Lord Jesus, I ask these things. Amen.

References

Ezekiel 34:25; Psalm 46:10; III John 1:2; I Timothy 6:6-8; Hebrews 7:25; Romans 8:26; John 15:15; Colossians 2:10; John 15:4; Isaiah 9:6.

The Living Word

**Lord Jesus,
the Holy Spirit dances in Your Words.**

**It is as if I hear You answer,
"The Spirit brings My Words alive in you."**

"It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life." (John 6:63, KJV)

Prayer

Lord Jesus, I pray with Peter, "Lord, to Whom shall we go? Thou hast the words of eternal life." (John 6:68, KJV) Triune God, how I thank You for sending Your Word and healing me! How I worship You that Your Word alone is enough to bring wholeness!

How I praise You that "Heaven and earth shall pass away," but Your Words "shall not pass away!" (Matthew 24:35, KJV) How I worship You that Your Word endures Forever!

How I praise You for those whom You have gifted and anointed to teach, and who impart Your Truth into my life! Most of all, I praise You that when I come to You directly, Your Holy Spirit makes Your Truth real to me in my life situation, so that I may walk in wisdom by Your Power.

May I continually hear Your Word and do it. For Your Glory and in Your Name I pray. Amen.

References

Psalm 107:20; Matthew 8:8; I Peter 1:25; Ephesians 4:11; Luke 8:21.

Transforming Oneness

**The intimacy that I have longed for all my life
is ours,
in Jesus, in the Spirit, in God.**

**It is as though Jesus says,
"I bring you Home to God in Me.
You are at Home in Me."**

We are at Home together in Jesus.

"That which we have seen and heard declare we unto you, that ye also may have fellowship with us: and truly our fellowship is with the Father, and with his Son Jesus Christ. And these things write we unto you, that your joy may be full." (1 John 1:3-4, KJV)

Prayer

Lord Jesus, how I praise You that Your goal is that we may have fellowship with those who, like John the Beloved, are most intimate with You! How I worship that You are by Your Holy Spirit seeking to bring us together to a place of deep spiritual intimacy and communion with You and with the Father and with one another!

How I praise You that Your desire is to fill us with joy! How I thank You for making clear that Your joy resides in this level of intimacy! May I set aside time in each day purely to seek deeper intimacy and communion with You.

Holy Spirit, please tune me to the Heart of God, so that I may be in tune with others who share God's Heart. May I experience that same oneness in Your Spirit that Jesus, Moses, and Elijah manifested as they communed together on the mountain. In Your Name, Lord Jesus, I ask this. Amen.

References

John 20:20-23; Matthew 17:1-8.

The Lord Is My Inheritance

**It is as if Jesus says to you,
as part of His Bride,**

**"I pledge to you All My Love.
I Am yours forever. I Am your Inheritance forever.
In My dying, you inherited Me, Forever.**

**"Where death separated, the Holy Spirit has sealed,
and the Father has raised you up with Me in the Heavens."**

"The LORD is the portion of mine inheritance and of my cup: thou maintainest my lot." (Psalm 16:5, KJV)

"But God, who is rich in mercy, for his great love wherewith he loved us, even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;) and hath raised us up together, and made us sit together in heavenly places in Christ Jesus: that in the ages to come he might shew the exceeding riches of his grace in his kindness toward us through Christ Jesus." (Ephesians 2:4-7, KJV)

Prayer

Abba, how I worship You that in the Lord Jesus we who love You sit together with You in the heavenly places! How I praise You that You are making out of us "a glorious Church"! (Ephesians 5:27, KJV) How I thank You that You are knitting us together in Your Love!

How I worship You that the entrance of Your Words gives Light! Please shine the Light of Your Word in my heart that I may discern what is of me and what is of You. Lord Jesus, please anoint my eyes with Your healing balm, that I may see clearly from Your Perspective. Holy Spirit, please enable me to discard all those ways of seeing, and all those ways of being, that interfere with Your Way of Loving me and of Loving others through me.

In Jesus' Name I ask these things. Amen.

References

I Thessalonians 4:9; Psalm 119:130; Hebrews 4:12; Revelation 3:18; Matthew 7:5.

The Gravity of Heaven

**The "gravity" of Heaven
is the weight, the pull,
of God's love,
bringing us to our knees in worship,
drawing us deeper in,
anchoring us in that creative power.**

"I drew them with...bands of love..." (Hosea 11:4, KJV)

"As sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things." (II Corinthians 6:10, KJV)

Prayer

Triune God, how I worship You for all that I possess in You and in Your Love! You are my inheritance, and my "exceeding great reward!" (Genesis 15:1, KJV) You are my Shield, and Your provision for me today is complete: in You, I lack no good thing. How I praise You that You welcome me to Your table, and provide more than enough, enough to share!

Thank you for giving me rest, and for restoring my soul. Thank You that there is no fear in Your Love, and that You comfort me even in the face of death.

I thank and worship You for the Anointing of Your Love, which is like the oil running down Aaron's beard to the skirt of his robe, and which brings unity by Your Holy Spirit. Thank You for commanding the Blessing of Your Eternal Life upon us, Your little ones.

May my life more and more reflect You and Your Love, that, in my daily living and in my giving, You receive the highest praise. In Jesus' Name I ask this. Amen.

References

Psalm 23:1-5; Psalm 34:10; Luke 6:38; I John 4:18; Psalm 133:1-3; I Corinthians 12:13; Psalm 149:6.

Jesus' Way of Being

**Lord Jesus, I love how You Are with me,
Your Way of being with me.**

It is as though He says,

**"You need Me.
Denying the need does not work.
It is too lonely, and other things
cannot fill it.**

**You have a deep capacity for intimacy,
and I Am the One to love you.**

**The need for intimate communion with Me
is one of your greatest human needs.**

Let Me love you."

"I have set the LORD always before me: because he is at my right hand, I shall not be moved. Therefore my heart is glad, and my glory rejoiceth: my flesh also shall rest in hope." (Psalm 16:8-9, KJV)

Prayer

Lord Jesus, my joy is in You. I praise You that as I gaze at You, I feel better and my heart lifts. Please help me to keep my eyes on You today, and not grow distracted, like Peter did, by the storm and the waves around me. Thank You for Your protection. I worship You for the safety that is mine as I reside in You.

Thank You, Triune God, that there is also rest for my body in You. You give Your beloved sleep. "When I awake, I am still" with You, and Your mercies "are new every morning." (Psalm 139:18; Lamentations 3:22-23, KJV) Your "yoke is easy" and Your "burden is light." (Matthew 11:30, KJV) Thank You that You are with me. Please help me to stay close to You today, and keep me from falling away.

For Your Glory and for my good I ask these things, in Jesus' Name. Amen.

References

Hebrews 12:2; Matthew 14:24-33; Psalm 127:2; Matthew 6:13.

I Want You to See Me

It is as though Jesus says,

"I want you to be able to see Me now.

It will make things easier for you."

"Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God." (Hebrews 12:1-2, KJV)

Prayer

Lord Jesus, I worship You that You are leading us, along with the saints who have gone ahead of us, in a triumphal procession! Abba, Father of Glory, how I praise You for Your Spirit of wisdom and revelation, Whom You give that I may more deeply experience You!

Holy Spirit, please give light to my inner eyes, that I may see and experience the riches of the glory of all that You, Lord Jesus, have inherited in us who are set apart for You - those who have gone ahead, and those of us who continue here on earth yet awhile. Triune God, how I worship that You are the God Who consecrates us to Yourself as we are faithful to set ourselves apart for You, and to set apart time for You! May I also see You and Your Glory when I look at my brothers and sisters in Christ. How I worship and adore You for what You are doing in us, that You, Lord Jesus, might be the Firstborn among many brothers and sisters! Thank You, Triune God, for loving us this much!

May I lay aside every weight, every unnecessary thing that slows me down. May I turn away from sin and keep on the path that You have set for me. Please continue, Abba, to prune me of all distractions, so that I may follow You singlemindedly, focused on You, and bear much fruit.

For Your Glory and for my good I ask these things in Jesus' Name. Amen.

References

II Corinthians 2:14-15; Ephesians 1:17-23; Leviticus 20:8; Exodus 31:13; Romans 8:29; Hebrews 12:1; John 15:1-3.

“Whither Thou Goest, I Will Go”

It is as though Jesus says to us,

**"You are My Beloved.
You are created to be
of one mind with Me,
one in heart,
in One Spirit,
that you and I may worship Abba together
in a communion of thoughts,
feelings,
and dreams."**

"And Ruth said, Intreat me not to leave thee, or to return from following after thee: for whither thou goest, I will go; and where thou lodgest, I will lodge: thy people shall be my people, and thy God my God: where thou diest, will I die, and there will I be buried: the LORD do so to me, and more also, if ought but death part thee and me." (Ruth 1:16-17, KJV)

Prayer

Triune God, how I worship You for the exceeding greatness of Your plan to bring me deeper and deeper into the experience of Your Love for me! How I praise You for your great kindness and favor toward me!

And yet, Lord Jesus, I confess that there is part of me that has wanted to pull back from You and do things, even the good works that You have given me to do, in my own way, in my own strength. But apart from You, I can do nothing: without Your *agape* love, "it doesn't count."¹

Please make me passionate about staying connected with You, about abiding in You. I need to experience the greatness of Your Love for me in every moment, so that I can walk in that Love. Holy Spirit, please transform my mind with the Truth, so that all of my actions are saturated with the Truth of Jesus' Love for me. Abba, I need to grasp the greatness of Your Love for me, so that I can love You back. Thank You that You are so Kind and Gentle and Patient with me.

Thank You also that trying to do things in my own strength doesn't work, and the process grinds to a halt, like trying to drive a car without oil.² Thank You that You keep drawing me back to You with Your Love. I praise and worship You for loving me so much. I worship that You are making me more like You. Please help me yield to the process of becoming more like Jesus. In Your Name and for my good and for Your Glory I ask these things. Amen.

References

John 15:5; I Corinthians 13:1-3; Ephesians 3:14-19; I John 4:19; Galatians 5:22-23; 3:3; Hosea 11:4; Romans 8:29.

¹ Rev. Dr. Abraham Fenton, sermon given July 11, 2010, at Abundant Life Fellowship, Edgewater Park, NJ.

² Rev. Darryl Washington, class on Foundations, taught 2009 - 2010 at Abundant Life Fellowship, Edgewater Park, NJ.

I Want To Fill You With My Joy

It is as though Jesus says to us,

"I want to be with you.
I want to share My Life with you.
I want to live inside you,
and fill you up with My Glory and Joy.
I will this.
I love you,
and I choose you."

"That the trial of your faith, being much more precious than of gold that perisheth, though it be tried with fire, might be found unto praise and honour and glory at the appearing of Jesus Christ: Whom having not seen, ye love; in Whom, though now ye see Him not, yet believing, ye rejoice with joy unspeakable and full of glory." (1 Peter 1:7-8, KJV)

Prayer

Triune God, how I worship You that every morning I wake up in Your Love! Thank You for putting a new song in my heart and in my mouth. Thank You for Joy so great that it is beyond my ability to express.

Thank you for giving me the Glory of Your Holy Spirit to abide with me forever. How I worship You, Holy Spirit, for comforting me and strengthening me and encouraging me!

Lord Jesus, how I worship You for aligning Your will with that of the Father in Gethsemane! Thank You so much for agreeing to go to the cross for me. May I also say to the Father, "Not my will, but Thy Will, be done," and may I follow through on that in the strength of Your Holy Spirit. Please continue to work in me today, Triune God, that I may become more like Jesus.

In Jesus' Name I ask this. Amen.

References

Lamentations 3:22-23; Psalm 40:3; John 17:22; 14:16; Matthew 26:42; 1 Thessalonians 4:3.

In The Eternal I Am

Triune God,
 how I worship that it is *in* You
 that I live
 and move
 and am!
 I am
 in You,
 the Eternal I Am.

How I worship
 that I belong to You,
 and I am
 Yours
 Forever!

"Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost." (Romans 15:13, KJV)

Prayer

Lord Jesus, how I worship that You come to rule by first coming to serve! How I worship that You continue to serve me in every day by interceding for me with the Father! Holy Spirit, how I worship You that You also intercede for me with unutterable groanings. How I thank You that, when I am distressed beyond words, You are there for me and communicate my needs to the Father!

Thank You, Abba, for hearing the Lord Jesus and the Holy Spirit and me as we pray together, and for caring so deeply about me! Holy Spirit and Lord Jesus, would You please tune me so that I am in harmony with what You are praying for me? Sometimes I get preoccupied with what I want or think I need, and it is so much less than what You want to give.

Triune God, I praise You that Your love for me is so vast. Would you please open me up to receive all the blessings of Your Love and Your Presence and Your provision that You want to give me in this day? I love You, Lord Jesus. I love You, Holy Spirit. I love You, Abba. Would You please purify my love for You, so that I may love You, Triune God, as You love One Another? In Jesus' Name I ask this. Amen.

References

John 13:3-5; Philippians 2:5-11; Acts 17:27-28; Hebrews 7:25; Romans 8:26; Ephesians 3:14-21.

Separation From God

**Jesus knows what it is like
to be separated from God,
to experience the hell
that is separation from God.**

**But the separation did not last,
and He gave up His Spirit to God.**

"My God, my God, why hast thou forsaken me? why art thou so far from helping me, and from the words of my roaring?" (Psalm 22:1, KJV)

Prayer

Lord Jesus, how I worship You that "It is finished!" and You will never be separated from the Father again! How I worship You that You now rest in the bosom of the Father, and are seated at His right hand Forever! Abba, how I worship that You have raised me up in the heavenlies in the Lord Jesus! Truly, with You nothing is impossible.

Triune God, how I worship that You – Father and Son and Holy Spirit – dwell within me! May I set myself apart in holy living, in a way that pleases You, for You have been clear that I am to be holy.

You have never forsaken me, but I have walked away from You many times, and tried to do things my own way. Thank You for continuing to draw me back to You with Your love, and for continuing to teach me by Your Holy Spirit to do things Your Way: in Your Love, and in You. This is the only Way that counts.

Holy Spirit, please fill me with the Light of Your Presence, and strengthen me, that I may walk this day as Jesus walked. May Your Love fill me completely as I rely on You, and flow through me to bless every one that I meet today. Lord Jesus, You have loved me as the Father has loved You. Let me love like You. In Your Name I ask this. Amen.

References

John 19:30; 1:18; Ephesians 1:17-21; 2:1, 4-6; Luke 1:35-37; I Peter 1:16; Hebrews 13:5; Hosea 11:4; I Thessalonians 4:9; I Corinthians 13:1-3; I John 2:6; John 15:9.

Loving Jesus

**In loving Jesus,
we experience a consummation now -
a Safe Place
within which
to experience life,
a Safe Person
within Whom
we can rest and be at Peace
amid every difficulty.**

"...Jesus Christ: Whom having not seen, ye love; in whom, though now ye see him not, yet believing, ye rejoice with joy unspeakable and full of glory: receiving the end of your faith, even the salvation of your souls." (I Peter 1:7-9, KJV)

Prayer

Abba, I worship You for keeping me! I thank You that this is just the beginning. I worship You for all the wonders of Your Kingdom that You are going to unfold in the coming ages. I praise You that I can greatly rejoice in You now. I worship that when I am tempted to react to a situation in a way that would harm me or others, You make a Way of escape - every time.

Oh, Lord Jesus, You are that Way! Help me to rely on You continually. Teach me to keep my gaze fixed on You. When I go through the fire, let me bring You praise. You have already given me Your Glory. Purify my faith that I might bring You glory. Teach me to rely on You in every challenge, and bring me safely Home to God in You. I love You, Lord Jesus, and I ask these things in Your Name. Amen.

References

John 17:11; Ephesians 2:7; I Corinthians 10:13; John 14:6; Hebrews 12:2; I Peter 1:7; John 17:22; I Peter 1:6-9.

My Strong Tower

**Lord Jesus,
would You please
write on my heart
today
the ongoing experience of Your love for me?**

**Abba,
I want today to be
a day lived in Your Presence,
with the fullness
of the Glory
of Your Holy Spirit
filling me
and surrounding me.**

"The name of the LORD is a strong tower: the righteous runneth into it, and is safe." (Proverbs 18:10, KJV)

Prayer

Lord, I worship that Your Name is a strong tower. You are my Refuge, my Stronghold, and my Safe Place. Thank You that I can run to You and be safe in You. You are the God Who enabled Your children, Israel, to walk in ongoing victory as they followed You. Thank You that You continue to do the same for me and for Your other children today.

Thank You, Lord Jesus, that Your plan for me this day is to lead me in Your triumphal procession, along with all Your other little ones. Thank You that I can depend on You. Would you please help me to stay close to You, and to rest in and rely on You, that I may experience today Your easy yoke, and Your light burden? In Your Name I ask this. Amen.

References

II Corinthians 3:3; 2:14; Matthew 11:28-30.

All That I Desire Is In You

**Lord Jesus,
all that I desire
is in You -
Your Love,
Your Tenderness,
Your Friendship,
Your Provision for me
this day.**

**The safe relationships
that I desire
to have with others
are also in You.**

**As they and I are both in You,
and we love with Your Love,
we are transformed
together
into Your Likeness.**

*"The LORD loveth the gates of Zion more than all the dwellings of Jacob.
Glorious things are spoken of thee, O city of God. Selah....
The LORD shall count, when he writeth up the people, that this man was born there. Selah.
As well the singers as the players on instruments shall be there: all my springs are in thee."
(Psalm 87:2-3,6-7, KJV)*

Prayer

How I worship You, Abba, that I am begotten of You, and that by the Life of Your Holy Spirit within me, You enable me to keep myself so that the adversary cannot touch me! How I praise You for the music of Your Love bubbling up inside me!

Oh, Lord Jesus, there is no one like You! Thank You for loving me so much. All the riches of Heaven are in You. You Are the King, and You embody the Kingdom. "Thy Kingdom come. Thy will be done, in earth as it is in Heaven." (Matthew 6:10, KJV)

"Come, Lord Jesus." "The Spirit and the Bride say, Come." (Revelation 22:17, 20) In Your Name I ask this. So be it.

References

I John 5:18; Zephaniah 3:17; Psalm 40:3.

You Have The Mind of Christ

**Thank You,
Lord Jesus,
for laying down Your Life
for me.**

**Thank You
that You continue
to set Yourself apart for me
in every day,
and to intercede for me.**

**I need You,
Lord Jesus.**

*"But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned....but we have the mind of Christ."
(1 Corinthians 2:14, 16b, KJV)*

Prayer

Thank You, Triune God, for sharing with me Your hidden wisdom and Your Glory. Thank You, Holy Spirit, for revealing the deep things of God, and the things that God has prepared for us who love Him. How I worship You, Triune God, that Your gifts, which are beyond price, are free!

How I worship You that when the cost of my redemption was also beyond price, You, Lord Jesus, paid the infinitely precious price of Your blood to buy me back! I worship that I am infinitely precious to You, and for the infinity of Your Love. I praise You that Your Love for me will last Forever, and that in each day to come, Your favor toward me will be new every morning.

How I worship You, Lord Jesus Christ, that You have given me Your Mind, that I can see as You see, that I can understand as You understand, that I can, through the power of Your Holy Spirit, walk every step in Your Wisdom! Please keep me close to You, that I may live as You are enabling me to live, for Your Glory and for my glory also, that my light may shine. In Your Name I ask this. Amen.

References

Psalm 51:6; 91:1; 1 Corinthians 2:9-10, 12; Revelation 5:9; Lamentations 3:22-24; 1 Corinthians 2:16; Jeremiah 9:24; Galatians 5:16; Matthew 5:16.

The Music of His Love

**How I worship You, Lord Jesus,
for the music of Your Love!**

**I rejoice
in the Light
of Your Glory.
I sing
for joy
in Your Presence.**

"One thing have I desired of the LORD, that will I seek after; that I may dwell in the house of the LORD all the days of my life, to behold the beauty of the LORD, and to enquire in his temple." (Psalm 27:4, KJV)

Prayer

Triune God, please help me to get my priorities in accord with Yours: the first thing is to abide in You; the first thing is to love You. Oh, Lord Jesus, please open my eyes again to see Your beauty. Write the memory of Your beauty on my heart, that I may seek You always. Enable my spiritual eyes to gaze on You continually.

Thank You for Your sure promise that if I seek first Your Kingdom, everything else that I need will be given to me in addition. Thank You, Abba, that You are not a God Who does things by halves, but that all the riches of Heaven are mine in Christ Jesus. You have given me Jesus, and how will You not also freely give me all I need? Oh, my God, what I most need is to be transformed into Your likeness, so that I look like Jesus.

Lord Jesus, I worship You that there is no fear in love, for Your perfect love casts out fear. How I praise You that You are My Light! How I thank You that in You I am safe, and that I can rest in You in all circumstances! Please hold me close to You throughout this day, that I may turn to You and rest in You in each situation. In Your Name I pray. Amen.

References

John 15:4-5; Mark 12:29-31; Hebrews 12:1-2; Matthew 6:33; Romans 8:32; II Corinthians 3:18; I John 4:18; John 12:46; Psalm 37:7.

Einstein and the Light of God

$$E = mc^2$$

(Energy equals mass times the speed of light squared.)

In the natural realm,
I have mass,
the body
that God has given me
to bring Him Glory.
What I will accomplish
in this body
depends on the energy I have.

In the spiritual realm,
what I will accomplish
depends on His Power in me,
His Light in me.

Lord Jesus,
please fill me
with the Light of Your Glory,
that I may bring you Glory.

"...a body hast thou prepared me..." (Hebrews 10:5, KJV)

Prayer

Triune God, You are Light and in You is no darkness at all. Lord Jesus, You are the Light of the world! In You is *dunamis*, resurrection power! Abba, You have not given us the spirit of fear, but the power to perform miracles as we align ourselves in calmness of mind with Your Loving Purpose and with the hosts of Heaven. Your perfect Love casts out fear.

In physics, power is the rate at which work is done, and You have the power to work quickly in us to accomplish Your purpose. How I worship that You are working on our behalf even faster than the speed of light squared, for You answer *before* we call! How I worship You for "the law of the Spirit of Life in Christ Jesus" that has set me "free from the law of sin and death!" (Romans 8:2)

Triune God, You have created this natural universe to run by certain laws. You have also created me to function by certain laws. Thank You for giving me a body. Thank You for breathing Your Holy Spirit into me. How I worship You for the opportunity to live this day in a way that pleases You and brings You Glory by the resurrection Power of the Spirit of Jesus within me! Please strengthen me for Your Glory. In Your Name I pray. Amen.

References

John 17:22; I John 1:5; John 8:12; Philippians 3:7-11; I John 4:18; John 14:12; Isaiah 65:24.

A God Who Is Full of Power

**Power is the rate
at which work is accomplished.**

**The amount of work accomplished
depends on
the power and time available.**

**We have a God Who is full of Power:
He can accomplish a lot
very quickly.**

**He makes His Power
available to us.**

**As we approach Him
with praise and thanksgiving,
we find,
in His Joy,
our Strength.**

"This day is holy unto the LORD your God; mourn not, nor weep....for the joy of the LORD is your strength." (Nehemiah 8:9-10, KJV)

Prayer

Abba, I worship You that there is a time to mourn, and there is a time to dance. I worship You that my tears are precious to You, and that You understand all my groanings. Then You swallow up death in victory, and You Yourself wipe the tears from my face.

Lord Jesus, You are the Bread I need, and You sustain me with Yourself. You lead me to fountains of living waters.

Holy Spirit, I praise and thank You for pouring out Yourself on me, for sealing me as part of the Bride to the Lord Jesus. I worship You, and I thank and praise You for Your daily comfort and strength and encouragement.

Triune God, Thank You for the power in coming together with others who love You, that we may in love serve and build up one another. Thank You that we can come together with one mind, the mind of Christ; with one purpose, seeking first Your Kingdom; speaking one language, the language of Heaven, the language of Love for God and for one another.

I worship You. Who is like unto You, O LORD? Be glorified in me this day.

In the Name of the Lord Jesus Christ I ask this. Amen.

References

Ecclesiastes 3:4; Psalm 56:8; 6:6; Isaiah 25:8; John 6:35; 7:38; Revelation 7:17; II Corinthians 1:21-22; Galatians 5:13-14; Philippians 2:2-11; Matthew 6:33; Micah 7:18.

From A Great Height

**Water flowing toward Niagara Falls
has the *potential*
to produce electricity.**

**But it is only
as the water actually falls
from that great height
that it produces energy
that is converted
by turbines
to electrical power.**

**Like that water,
Jesus descended from a great height,
from Heaven,
to earth
and to death.
Jesus' power
to convert us
became activated
as He humbled Himself.**

**This is how things work in God's Kingdom.
Humility results
in increased power
and authority,
and in great peace.**

"Let this mind be in you, which was also in Christ Jesus: Who, being in the form of God...made himself of no reputation, and took upon him the form of a servant, and...humbled himself...." (Philippians 2:5-8, KJV)

"...the meek shall inherit the earth; and shall delight themselves in the abundance of peace." (Psalm 37:11, KJV)

Prayer

Lord Jesus, I worship You for Your willingness to die for me, and to face such a dishonorable death. Abba, may I, like Jesus, be willing to lay down my life for You in every day, that Your purposes for me on this earth may be accomplished. Thank You for the areas of influence that You have given me: may I bring You honor before all those who witness my actions and who hear my words today.

Holy Spirit, please fill me this day with Your Love and Your Meekness and Your Peace, that I may bring You Glory. I cannot live like Jesus apart from You. Please clear my mind of any misconceptions about meekness and show me the strength that is in meekness, the strength that it takes to do no harm. "Love worketh no ill to his neighbour: therefore love is the fulfilling of the law." (Romans 13:10, KJV)

I love You, Triune God. I worship You for showing me Your perfect Way of Peace. In Jesus' Name I pray. Amen.

Restore Unto Me The Glory

Jesus came from such a Height.
As He finished His work,
He asked the Father
to restore Him to Himself,
and to "the Glory
which I had with Thee
before the world was."

God answered,
and raised Him back up in Glory
after His Love impelled Him down to us.

Like a Spring that had been stretched
from Heaven to earth,
out of its original position,
Jesus sprang back into Life,
and into the Heavens.

There was an Energy in Him,
and in the act of stretching so far,
a Law of Life,
that restored not just Him,
but also us.

"...the God of our Lord Jesus Christ, the Father of glory...according to the working of his mighty power...raised him from the dead, and set him at his own right hand in the heavenly places."

"God, who is rich in mercy, for his great love wherewith he loved us...hath quickened us together with Christ,...and hath raised us up together, and made us sit together in heavenly places in Christ Jesus..."
(Ephesians 1:17, 19-20; 2:4-6, KJV)

Prayer

Abba, how I praise You for the Law of Life that restored not only Jesus, but also me, and to a position far above any that I might have dreamed of or aspired to on earth! Let me walk today as a daughter of Your Kingdom, that Your Kingdom may come in every place I step.

How I worship You for raising Jesus from the dead! How I worship You, Triune God, that because of Your great love and provision, I, too, can look forward some day to a bodily resurrection with others who love You! Thank You, God!

How I worship You that I have the privilege of knowing You, the immortal and all-powerful God! How I worship that You bring together infinite Power and infinite Love in Who You Are! Holy Spirit of God, please immerse me today in Your Love, that I may live and move and have my being in the ocean of Your Love. Please satisfy me with Your Love, that I may rejoice all throughout this day. In the Name of the Lord Jesus Christ I ask this. Amen.

References

John 17:5; Jeremiah 9:24; Acts 17:28; I John 4:8.

The Rhythms of God's Love

The Music of Heaven
sounds on a grand scale,
in the majestic year-long rhythm
of the earth revolving around the sun.

But the rhythm of this beat
is so slow
that it is beyond human perception,
and for centuries
people thought the earth was flat.

The Music of Heaven
also reverberates
more quickly
than we can humanly perceive,
in the speed
of an electron
orbiting its nucleus.

In Jesus,
God limited Himself
to the human rhythm of shod feet,
to a span of three years,
for Jesus' disciples
to walk with Him
and learn to know Him.

We learn the rhythms of God's Love
the same way
today,
by walking with Jesus.

"But when the fulness of the time was come, God sent forth his Son, made of a woman, made under the law, to redeem them that were under the law, that we might receive the adoption of sons." (Galatians 4:4-5, KJV)

Prayer

Thank You, Triune God, for revealing Yourself and Your Love to me in Jesus. How I worship You for showing Yourself to me in a way that I can take in and understand!

Lord Jesus, may I keep You always before me in the power of Your Holy Spirit, as I live and move in the Life of God. May I walk in Your Way, in Your Wisdom. May I keep on track, the way a homing pigeon keeps on track because of the internal compass You have bundled into its nerve fibers. Please write Your law in the rhythm of my heartbeat, that my heart may resonate with the Heart of God, that I may love where You love, and love how You love. In Your Name I ask these things. Amen.

References

John 14:9; II Corinthians 3:18; Acts 17:28; Acts 13:22.

Opening Up To Jesus

**I need
to walk in wisdom
so that
I don't bring evil consequences
on myself.**

**But the worst case scenario
isn't the trial
through which
God calls me to grow.**

**The worst case scenario
is failing to open
to the Spirit of Jesus
to receive the love
and joy
and peace
that God wants to pour into me
in every Now.**

"Lift up your heads, O ye gates; even lift them up, ye everlasting doors; and the King of glory shall come in. Who is this King of glory? The LORD of hosts, he is the King of glory. Selah." (Psalm 24:9-10, KJV)

Prayer

Triune God, how I worship that You, the King of Glory, want to take up residence in my life! "Even so, come, Lord Jesus!" "The Spirit and the Bride say, Come!" (Revelation 22:17, 20, KJV)

O Root and Offspring of David, please fill me with Your Water of Life! May it fill and overflow in my life that I may please You in everything. In Your Name, which is above every name, I ask this. Amen.

References

Revelation 22:16; John 7:38; 8:29; Philippians 2:9-11.

The Bread of Life

I have to say,
with the shepherd king, David,
"I have been young,
and now am old;
yet have I not seen the righteous forsaken,
nor his seed begging bread."

And far beyond physical bread,
God provides spiritual sustenance.

I have to agree
with the writer of Hebrews,
because I have seen it,
that God "is a rewarder
of them
that diligently seek Him."

"And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work." (II Corinthians 9:8, KJV)

Prayer

How I worship You, Abba, for "all sufficiency," that You are "able to make all grace abound toward" me in this day! Thank You for Your Love and favor toward me. Thank You, Triune God, for all Your abundant provision for me in this day.

I worship You, Lord Jesus, that in You is all I need. Thank You, Lord Jesus, for Your promises: "Whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son." (John 14:13, KJV) "Ask, and ye shall receive, that your joy may be full." (John 16:24, KJV)

Triune God, please complete in me the work of grace that You desire to complete in me this day, in order that I may accomplish all that You intend in this day in Your Way, full of Your Grace, full of Your Life, full of Your Love, full of Your Peace, full of Your Joy, in the humility and gentleness that come from You.

Holy Spirit, I worship You for the transformation that You are accomplishing in my life. May I be more and more conformed to the likeness of Jesus. May I understand by experience the mystery of what it is to "live Christ." In Jesus' Name I ask this. Amen.

References

Psalms 37:25; Hebrews 11:6; Galatians 5:22-23; Romans 8:29; Philippians 1:21.

Comfort With Change

How many times
have I resisted change
because I felt comfortable enough
with the way things were,
when God longed
to give me
something better?

I need to ask myself,
"Is this a time
when
to refuse to change
is to refuse
to grow?"

For if I stop growing,
I will begin
to die.

Dear Lord,
please accomplish in me
all the changes
that You wish to accomplish
in this day.

"But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you." (Matthew 6:33, KJV)

Prayer

Lord Jesus, how I worship You for the honor of being called to follow You! Thank You, God, for choosing me. Thank You for covering me with Your protection. Thank You, Lord Jesus, for the Power of Your Name in my life. Thank You for Your healing Love.

Abba, please open my eyes to see the hope that is before me, and Your angels all around me. Let me walk like Jesus, Who, for the joy that was set before Him, set His face like a flint toward Calvary. How I worship You that He looked ahead and saw us in Glory, and determined to will Your will for our sakes! Abba, please give me such determination and firmness of spirit to follow You on the path to which You have called me. In Jesus' Name I ask this. Amen.

References

Matthew 16:24; Psalm 61:4; John 20:31; Psalm 107:20; Hebrews 12:1-2; Matthew 26:39.

Who You Are

It is as if Jesus is saying,

**"What you give away
for free,
in who you are,
and in how you are,
is worth more
than what others
are selling.**

**"You are
infinitely precious
to Me."**

"Ho, every one that thirsteth, come ye to the waters, and he that hath no money; come ye, buy, and eat; yea, come, buy wine and milk without money and without price." (Isaiah 55:1, KJV)

Prayer

Triune God, I worship You for Your plan that as I live Christ, Your infinite love flows out through me in this world. I worship that Your strength is made perfect in my weakness.

I adore You, Lord Jesus, for calling me to come to You, that You might create in me an artesian fountain of Living Water! I worship You that You feed me and satisfy me in deep ways which no amount of money could buy. Holy Spirit, I worship You for Your Wine flowing, that I may dance with Joy in You! Lord Jesus, I worship You for the covering of Your blood and for all the healing that is in Your blood.

Thank You, Triune God, that because of Your infinite Grace and generosity and favor toward me, I have Your Life in me to share with others. Thank You for letting me know that I am of infinite worth to You. Please write on my heart the truth of how precious I am to You, and the truth of how vast and tender Your Love for me is, and transform me by Your Love. In Jesus' Name I ask this. Amen.

References

Philippians 1:21; II Corinthians 12:9; Matthew 11:28; John 4:10; John 6:35; Ephesians 5:18; Isaiah 53:5; Hosea 11:4.

In The Bosom of The Father

**Jesus
"rests
in the bosom
of the Father."**

**When
Jesus invites us
into
His Rest,
this is Where
He desires
each of us
to join Him,
in Abba's Arms,
close
to His Heart.**

"...My daughter, shall I not seek rest for thee, that it may be well with thee?" (Ruth 3:1, KJV)

"Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light." (Matthew 11:28-30, KJV)

Prayer

Thank You, God, for showing me that You are a God Who rests, that You are a God Who takes time to breathe and be refreshed. Thank You, Lord Jesus, that You call Your followers to come apart and "rest a while." How I praise You for inviting me into Your Rest! Thank You that as I follow You, I enter into Your Rest. As Solomon was "a man of rest," may I also be a woman of rest. In You, may I find peace and quietness, and rest from my enemies round about. May my sleep in You be sweet, for my safety in every circumstance is in You.

May Your Peace fill me in every situation that I will face today. How I worship You, Lord Jesus, that You have already gone ahead of me into each situation and prepared the Way!

Holy Spirit of God, please fill me with Your Wisdom and Understanding that I may see clearly how You desire me to respond in every situation. How I worship You for such complete guidance! May I, like Jesus, do nothing except what I see You doing, and may I do everything in Your Love. May I make You and Your Love and Your Kingdom my greatest priority today. In Jesus' Name I ask all these things. Amen.

References

John 1:18; Hebrews 4:3; Exodus 31:17; Mark 6:31; I Chronicles 22:9; Proverbs 3:24; I Corinthians 14:1.

Beyond Price

I am infinitely precious
to God,
Who created me,
and Who loves me
with a Love
that will last Forever.

Because of His great Love,
Abba sent Jesus,
Who paid an infinite price for me.

When Jesus asked,
Abba then sent
His Holy Spirit,
Who is like an engagement ring,
Who betroths me
to Jesus,
as part of His Bride.

The same Holy Spirit
offers me an endless supply
of comfort, strength,
and encouragement,
as we journey
closer and closer
to the Bridegroom
and to the Marriage Supper
of the Lamb.

"And the servant brought forth jewels of silver, and jewels of gold, and raiment, and gave them to Rebekah: he gave also to her brother and to her mother precious things....And they called Rebekah, and said unto her, Wilt thou go with this man? And she said, I will go." (Genesis 24:53, 58, KJV)

Prayer

Lord Jesus, how I worship that You came seeking me! How I praise You that You, the Word by Whom everything was created, were willing to enclose Your Self in a body, while knowing that being in that body would make You vulnerable to pain and death. I worship You for giving me You!

Thank You, Abba, for also sending Your Holy Spirit. Thank You, Holy Spirit, for Your daily Presence and for the Power of Your Love in my life.

Triune God, I praise and thank You for fulfilling Your promise: "They that seek Me early shall find Me." Please so align me with Your Purpose for me today that I decline any hindrance or distraction, and keep straight on the Path that You have set for me. May I today, like Jesus, "run with patience the race" that You have set before me. In His Name I ask these things. Amen.

References

John 1:1-3; Hebrews 10:5; Proverbs 8:17; Hebrews 12:1.

Beauty of Character

**God sends difficulties
to make us more beautiful in character
and, thereby,
beautiful through and through.**

**We are God's dwelling places,
singly and together.
What is more beautiful
on earth
than a woman
or a man
or a congregation
full of the Spirit of God?**

"Blessed be the God and Father of our Lord Jesus Christ, which according to his abundant mercy hath begotten us again unto a lively hope by the resurrection of Jesus Christ from the dead, to an inheritance incorruptible, and undefiled, and that fadeth not away, reserved in heaven for you, who are kept by the power of God through faith unto salvation ready to be revealed in the last time. Wherein ye greatly rejoice, though now for a season, if need be, ye are in heaviness through manifold temptations: that the trial of your faith, being much more precious than of gold that perisheth, though it be tried with fire, might be found unto praise and honour and glory at the appearing of Jesus Christ." (1 Peter 1:3-7, KJV)

Prayer

Triune God, Your dwelling places are so beautiful! Thank You that You manifest Yourself to us in one another. How I praise and thank You for each person in whom I have seen Your Light! Thank You for the encouragement that their godliness is to me.

How I worship You, Lord Jesus, that, by Your Holy Spirit, I may see You with my spiritual eyes! Holy Spirit, may I be completely in tune with You as I pray, "Come, Lord Jesus." Please deepen my love for the Lord Jesus, that I may fall more deeply in love with Him today.

Triune God, thank You that You are with me in every difficulty, and that You bring me safely through every time. Please fill me to overflowing with joy in Your Presence, a Joy that is full of the Glory of Your Holy Spirit, in every difficulty that I will face today. May I keep turning to You in every challenge, that You might accomplish through every trial what You seek to accomplish in me. May I go today from strength to strength, and stand before You in Zion. In the Name of the Lord Jesus Christ I pray. Amen.

References

Revelation 21:3; Psalm 84:1, 6-7; Hebrews 12:2.

Increase Our Faith

**Even Jesus couldn't do much
unless people came to Him in faith.**

**When they devalued Him,
they limited His ability
to intervene in their lives
and cut themselves off
from the flow
of what He wanted to give them.**

"Then Jesus beholding him loved him, and said unto him, One thing thou lackest: go thy way, sell whatsoever thou hast, and give to the poor, and thou shalt have treasure in heaven: and come, take up the cross, and follow me. And he was sad at that saying, and went away grieved: for he had great possessions." (Mark 10:21-22, KJV)

"And he did not many mighty works there because of their unbelief." (Matthew 13:58, KJV)

"And the apostles said unto the Lord, Increase our faith." (Luke 17:5, KJV)

Prayer

Lord Jesus, how I worship You for being clear about what You want to give! How I praise and adore You for making it possible for me to open up and receive Your good and perfect gifts! How I thank and praise You for making my transformation possible, that where I lack faith, You by Your Holy Spirit can increase my faith!

Triune God, how I praise and adore You that You have revealed the mysteries of the Kingdom of Heaven to us, Your little ones, because it is our Father's good pleasure to give us the Kingdom! How amazing is Your Grace, and how everlasting Your Love!

Lord God, may I be faithful to You in the little things, because the person who is faithful in little "is faithful also in much." (Luke 16:10, KJV) May I bring You Glory by my behavior. In Jesus' Name I ask these things. Amen.

References

James 1:17; Matthew 13:11; Luke 12:32.

Three Choices

**We're each given three choices in this life –
how we relate to ourselves,
how we relate to God, and
how we relate to others.**

**If I align my choices
with the will of God,
He will open Heaven.**

"Fear not, little flock; for it is your Father's good pleasure to give you the kingdom." (Luke 12:32, KJV)

Prayer

Triune God, how I adore You that You give me and each of us, Your little ones, the ability to see the Glory of the Lord, that we may be changed into His likeness, "from glory to glory," by Your Holy Spirit! (II Corinthians 3:18, KJV) How I worship You that Your plan is to make me more and more like You, that You make everything beautiful in time! How I adore You that Your plan is to fill me to overflowing, through Your Spirit, with Your love, Your joy, Your peace, Your patience, Your gentleness, Your goodness, Your faith, Your meekness, and Your self-control!

How I worship You that You knit our hearts together in the unity of Your Spirit, and also grow each of us more and more fully into the uniquely beautiful individual creations that you intend for each of us to be and to become! How Glorious and how saturated with Love Your plan is for each of us!

How I praise and thank You for loving me, and for inviting me into a deeper intimacy with You! Creator God, thank You for loving me enough to give me the freedom to choose. I am choosing You. May I continue to choose Life and the Life-giving response in every situation. Please heal those parts of me that would seek to react in ways that do not bring You Glory. I ask this in Jesus' Name and for Your Glory and for my good. Amen.

References

Ecclesiastes 3:11; Galatians 5:22-23; Colossians 2:2; Ephesians 4:13; Deuteronomy 30:19.

Tithing Your Time

**Martin Luther said
he had "so much to do"
that he felt it was essential
to first spend three hours
that day
with God.**

**The outpouring of God's Spirit
in Toronto
in the 1990's
was preceded by
18 months
during which John and Carol Arnott
set aside their mornings
to seek God.**

**In our own city of Philadelphia,
there are women of God
with a pastor's heart
who are up at 4:00 in the morning
to start their day with Jesus.**

**What might happen
if we set aside time like that
to seek God?**

"With my soul have I desired thee in the night; yea, with my spirit within me will I seek thee early: for when thy judgments are in the earth, the inhabitants of the world will learn righteousness." (Isaiah 26:9, KJV)

"I love them that love me; and those that seek me early shall find me." (Proverbs 8:17, KJV)

Prayer

Triune God, how I adore You that You desire far more glory for each of us than we may aspire to ourselves on this earth - a Glory that shines with Your Light, and a Glory that lasts Forever in You! How amazing that You desire to pour out Your Glory on us! How I praise You for calling and choosing me to set my feet on the path to Your Glory! Lord Jesus, I worship that You are providing in this and in every moment the Way to the Father. Please purify me of trying to do Your work in my way, for if I am not flowing in Your Love, what I do doesn't count.

Holy Spirit, please quicken my heart, that I may fall deeper in love with Jesus. Lord Jesus, please take me deeper and deeper into Your Love, to that place where You rest in the bosom of the Father. May I become passionate about You, and devoted to You. May I consecrate myself to You as You have consecrated Yourself for me. This is the reasonable thing to do. In Your Name I ask this. Amen.

References

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John 17:22; 14:6; I Corinthians 13:1-3; Revelation 2:4; John 1:18; 17:19; Romans 12:1.

Heaven Now

**It is as though God promises,
to those who seek Him
with all their hearts,**

**"You will find Me,
and as you abide in Me,
you will keep growing in My Love,
and I will bring you safely
through every trial,
and Home
to Heaven
at last."**

**Part of the ongoing miracle
is that we can experience
some of Heaven
Now.**

*"Happy is the man that findeth wisdom, and the man that getteth understanding....
She is more precious than rubies: and all the things thou canst desire
are not to be compared unto her....
Her ways are ways of pleasantness, and all her paths are peace."
(Proverbs 3:13, 15, 17, KJV)*

Prayer

Triune God, how I worship You for Your Wisdom! How I praise You that You make available to me Your Holy Spirit of wisdom and understanding, that I might walk in Your Way! How I praise You for Your promise that as I walk in Your Wisdom, I will find grace, safety, peace, rest, and glory! How I worship that Your Presence goes with me, and that You give me rest!

Holy Spirit, please help me to do always those things that lead to Your Peace in my life, and Your Peace for those around me. Teach me to walk in Your Wisdom. In Jesus' Name I ask this. Amen.

References

Isaiah 11:2; Proverbs 3:22-24, 35; Exodus 33:14; Ephesians 6:15; Romans 14:19.

“I Am Meek and Lowly in Heart”

**I can be kind,
and maintain firm and secure boundaries.**

**The person who decides
to help others
based solely on
a tug at their heart
and the others' apparent need
risks ending up empty and dry,
like the bridesmaids
of whom Jesus warned us,
without enough oil
to last through the night.**

**No wonder God warns me
to guard my heart!**

“...they made me the keeper of the vineyards; but mine own vineyard have I not kept.” (Song of Solomon 1:6, KJV)

“Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light.” (Matthew 11:29-30, KJV)

Prayer

Lord Jesus, how I worship You for inviting me to times of rest in this day, and to a day of rest in every week! How I praise You for the deep peace that flows from a time of surrender to You and from a time of resting in You! How I praise You for Your desire to share with me Your easy yoke, and Your light burden!

Please teach me Your humility of heart: You, the Eternal Son of God, first looked to see what the Father was doing. Then You did what You saw Him doing. How much more do I need to look to You to understand what You want me to do in each situation!

Triune God, may I continually seek You for wisdom in how to respond, even in those situations where I think I know the answer, lest I end up like Joshua with the Gibeonites. Holy Spirit, please help me to keep focused on Jesus, and on communion with You, the Triune God, in every task throughout this day. In Jesus' Name and for His Glory and for my good I ask this. Amen.

References

Matthew 25:1-13; Proverbs 4:23; John 5:19; Joshua 9.

Let Me Help You

It is as though God says,

"You don't have to worry
about anything
ever again.

"Come to Me
with everything
that you feel worried about,
and let Me carry that,
like a boy
carries heavy books
for the girl he loves.

"I have already made provision
for you to come safely through
every difficulty,
stronger than when you went into it.
But You need to seek Me,
so that I can bring My Glory
into the difficulty."

"Ask,
and ye shall receive."

"Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much. Elias was a man subject to like passions as we are, and he prayed earnestly that it might not rain: and it rained not on the earth by the space of three years and six months. And he prayed again, and the heaven gave rain, and the earth brought forth her fruit." (James 5:16-18, KJV)

Prayer

Triune God, how I worship and adore You for the healing power with which You answer prayer! Please cleanse me of everything in me that gets in the way of You answering my prayers. Holy Spirit, please fill me with Your humility. Especially may I honor and be considerate of Your little ones who are weaker or more challenged in some way, so that my prayers are not hindered.

How I thank and praise You for every person who has been there for me when I was feeling weak and in difficulty! Please bless them for their faithfulness to You, and for their kindness to me! How I worship You, Father, Son, and Holy Spirit, for knitting us together in love, that we may by Your Love serve one another! How I thank You that You position us to take turns helping one another up!

May everything that I do and say in this day contribute to building up Your Body, Lord Jesus, in Love. In Your Holy Name I ask this. Amen.

References

I Peter 5:7; John 16:24; Galatians 5:23; I Peter 3:7; Galatians 5:13; Ecclesiastes 4:9-10; Ephesians 4:16.

Living From Within The Heart of God

It is as though Jesus says,

"Love from deep within Me,
with My Love.

"The way you were doing things
before
doesn't work as well.
It's short-sighted.

"Following Me
is a long-term investment.
If you ride out the storms,
and stay close to Me
in difficult times,
you will see yourself growing stronger,
and reap the rewards
at the end of the journey."

"...whatsoever a man soweth, that shall he also reap....he that soweth to the Spirit shall of the Spirit reap life everlasting." (Galatians 6:7-8, KJV)

"Remember them which have the rule over you, who have spoken unto you the word of God: whose faith follow, considering the end of their conversation." (Hebrews 13:7, KJV)

Prayer

Triune God, how I worship and adore You for Your desire to express Your Love to me, that I might hear Your Love for me from Your Own Mouth! How I praise You that You long to convey Your Love to me all day long, that I may live immersed in Your Love! How I worship You for coming after me, for seeking me until You found me, not because of my own righteousness, but because of Your great mercy! How I praise You for cleaning me up, and for lifting me up!

Please continue to cleanse me daily through Your Word, and through the blood of Jesus, and consecrate me for Your service, that I may bring You Glory. May I see more and more clearly the futility of my old way of being. Please hold me close, that I may live and minister today from within the Presence of Your Shekinah Glory. In Jesus' Name I ask this. Amen.

References

Psalm 84:6-7; Hebrews 13:6-8.

The Power in Praise

**Abba,
would you please help me
to forgive everyone
who ever owed me anything?**

**In their failures I sought You,
and You have met all my needs
and are giving me everything I need
for this life,
and making me more like You.
Most precious of all,
I am learning to know You.**

**I worship You
for bringing so much Good
out of pain.**

"...I have loved thee with an everlasting love: therefore with lovingkindness have I drawn thee....I will build thee, and thou shalt be built..."

"Hear the word of the LORD, O ye nations, and declare it in the isles afar off, and say, He that scattered Israel will gather him, and keep him, as a shepherd doth his flock. For the LORD hath redeemed Jacob, and ransomed him from the hand of him that was stronger than he. Therefore they shall come and sing in the height of Zion, and shall flow together to the goodness of the LORD, for wheat, and for wine, and for oil, and for the young of the flock and of the herd: and their soul shall be as a watered garden; and they shall not sorrow any more at all. Then shall the virgin rejoice in the dance, both young men and old together: for I will turn their mourning into joy, and will comfort them, and make them rejoice from their sorrow. And I will satiate the soul of the priests with fatness, and my people shall be satisfied with my goodness, saith the LORD." (Jeremiah 31:3-4, 10-14, KJV)

Prayer

Triune God, how I praise and worship and adore You that You have brought me through every trial, every hardship, and every difficulty, for all these years! How I shout for joy that You bring me through!

How I praise You for each trial that surfaces the dross within me, that You may purify me of those things that do not serve You or me! How I praise You, Lord Jesus, for Your blood that cleanses me from all sin as I confess it to You! How I worship You, Lord God, for the cleansing water of Your Word!

Holy Spirit, please encourage my heart in You and in the faithfulness and Strength of God when I feel cast down or discouraged. Please strengthen me to persevere with You and to persevere in prayer in every trial. Please teach me to put my roots down deep into Your Love, that I may experience Your Joy even in the midst of the trial, just as Paul and Silas sang and praised You while in prison. May I also praise You in every midnight of my life, and so open the way for You to come in power. In the Mighty Name of Jesus I ask these things. Amen.

References

II Peter 1:3; Proverbs 25:4; I John 1:7, 9; Ephesians 5:26; Psalm 42:11; James 5:11, 13; Ephesians 3:14-19; II Corinthians 7:4; Acts 16:25.

Living Water

**Abba,
would you please strengthen me
by Your Holy Spirit
and remove every obstacle
to the free flow
of Your Spirit
within me?**

**Please fill me
with the experience
of who I am in You,
that I may know
to the core of my being
that I am Your own
precious daughter*,
and feel the truth of that.**

*** or son**

"Blessed is the man whose strength is in thee; in whose heart are the ways of them who passing through the valley of Baca (weeping) make it a well; the rain also filleth the pools. They go from strength to strength, every one of them in Zion appeareth before God." (Psalm 84:5-7, KJV)

"Behold, God is my salvation; I will trust, and not be afraid: for the LORD JEHOVAH is my strength and my song; he also is become my salvation. Therefore with joy shall ye draw water out of the wells of salvation." (Isaiah 12:2-3, KJV)

Prayer

Triune God, I worship You for giving a blueprint of how to pass safely through difficulty, that You have artesian springs under every valley floor, and that my work while in the valley is to remove the blocks to their flow, and to build pools to receive their flow, as well as to receive the rain that You are going to send. I worship that as I do this, I grow stronger and I see You more clearly.

Lord Jesus, I worship You for Your Living Water. I thank and praise You for the Comfort of Your Presence in every valley. I adore You for pouring out Your Holy Spirit to comfort and encourage me, and to walk alongside me. Thank You so much that I am not alone, that You are always with me, in Power and in Strength, Abba, Lord Jesus, and Holy Spirit. Thank You for the songs that You have put in my heart, songs in every night. Thank You for Your great grace and favor toward me.

O Holy Spirit, I need the Joy of the Lord to sustain me when I am in difficulty. Thank You for hearing me in my grief and loss. Thank You that You receive and remember every tear. May I build my relationship with You every day of my life, so that in every challenge, I am strong in You. May I seek You continually. In Jesus' Name I ask this. Amen.

References

John 4:10; 15:26; Hebrews 13:5; Job 35:10; Nehemiah 8:10; I Chronicles 16:11; Psalm 56:8.

Living Water II

I need to seek the Lord,
and the Living Water
that bubbles up
from deep within,
as I pass through each trial,
or my life will be dry and barren.

Artesian water
is water
that, under pressure,
overcomes the law of gravity,
and bubbles up,
instead of down.

Artesian water
that has not yet surfaced
needs to be uncovered,
and the blocks
to it bubbling up
removed.

I also need
to build pools
to collect the water,
so that I may have
still water to sustain me
when things are dry,
or when I need to pass that way again.

"Jesus answered and said unto her, If thou knewest the gift of God, and who it is that saith to thee, Give me to drink; thou wouldest have asked of him, and he would have given thee living water." (John 4:10, KJV)

Prayer

Lord Jesus, thank You for Your gift of Living Water. Please bring me into the mystery of the daily living experience of all that this means, and fill me with Your Joy. In Your Name I ask this. Amen.

Abundant Joy

**When I am feeling weak and discouraged,
I need to start praising.**

**This is how praising God works:
Praise and thanksgiving bring me into His Presence.
In His Presence is abundant Joy.
In His Joy is my Strength.**

My Praise ==> His Presence ==> His Joy ==> My Strength

**Praise is a behavior
that God uses
to give me strength.**

**He is glorified in me
as I become stronger
and more established
in Him.**

"Enter into...his courts with praise...." (Psalm 100:4, KJV)

"...thou art holy, O thou that inhabitest the praises of Israel." (Psalm 22:3, KJV)

"...in thy presence is fulness of joy..." (Psalm 16:11, KJV)

"...the joy of the LORD is your strength." (Nehemiah 8:10, KJV)

"To appoint unto them that mourn in Zion, to give unto them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they might be called trees of righteousness, the planting of the LORD, that he might be glorified." (Isaiah 61:3, KJV)

Prayer

Triune God, how I worship You for the lasting sweetness and beauty and loveliness and delight, and wonderful music, that are at Your right hand! How I worship that You shine from Zion, the Perfection of Beauty! Thank You for shining Your Light in my heart, that I might experience "the Light of the knowledge of the Glory of God in the face of Jesus Christ." (II Corinthians 4:6, KJV)

How I worship that You have provided in Jesus a clear Way for me to triumph over every difficulty! How I praise You, Lord Jesus, that You lead your little flock in triumph over every adversity as we follow You! Thank You for revealing Yourself as the Path of Life, as The Way of Living in the flow of Your Holy Spirit.

May I walk every step today in the flow of Your Abundant Love and Joy. Thank You for the example of Enoch, who "walked with God," and for the examples of Paul and Peter and so many others who were "faithful unto death." (Genesis 5:24; Revelation 2:10, KJV) I will be satisfied, Lord Jesus, when I wake up looking like You. Please make me more like You in this day. In Your Holy Name I ask this. Amen.

References

Psalm 50:2; John 14:6; II Corinthians 2:14; Hebrews 11-12:1; Psalm 17:15.

Though He Slay Me

When I first began to follow Jesus,
I obeyed Him
because I felt better
when I did,
happy
full of joy.

Then He sent
more difficulties,
to grow me,
and I kept following Him
because
things worked out better
when I did.

Lord Jesus,
I want to learn
to keep following You
when I don't feel well
and when things aren't working out,
in the longer difficulties,
for no other reason
than because
You Are so Precious.

"Though He slay me, yet will I trust in Him..." (Job 13:15, KJV)

Prayer

Lord Jesus, I just worship You. Holy Spirit, I worship You. Abba, I worship You. You Are God. You Are the Great I AM. No one and nothing is more important than You Are. My relationship with You is the most important thing in my life. Please help me to keep on trusting You when You remove those things in which I have found comfort or joy, that I might learn a Deeper Joy.

Thank You that I am not alone in any difficulty, for You Are with me, and Your angels, and You have brought me into Your Family. How I worship and thank You for the brothers and sisters who follow You, and who are an example to me by their lives! Some have already followed You all the way to Heaven. Others are still here where I can see them and be comforted with them in Your Love.

Abba, I believe it is possible to grow so deep in Your Love that I can say with Paul, "I am filled with comfort, I am exceeding joyful in all our tribulation." II Corinthians 7:4 (KJV) Triune God, please take me to the place of such Deep Love, for my good, and for Your Glory. In Jesus' Name I ask this. Amen.

References

Exodus 3:14; 33:14; Mark 10:29-30; Hebrews 13:7.

God's Orchestra

**Lord Jesus,
may I be unto You
as a finely tuned musical instrument,
yielding to Your touch,
and to Your artistry,
so that all that flows from me
brings You Glory.**

"Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us." (Hebrews 12:1, KJV)

Prayer

Triune God, I worship You that I am surrounded by generations of Your holy ones. Thank You for the example of their faithfulness and obedience. I worship at how You took their willingness and their desire to please You and worked miracles.

How I worship that You add Your Own Strength to my weakness and accomplish Your purpose for me! Look what You have done with Your little ones! May I follow You full of faith, and someday take my place with them, for Your Glory.

Please open my eyes, that I might see more clearly the hope to which You have called me. May I let go of everything that weighs on me and slows me down. May I stay focused on Your dream for me, and not swerve from Your Way. May I continually rejoice in You, that Your power may abide in me. In Jesus' Name I ask this. Amen.

References

Hebrews 11; II Corinthians 12:9; I Corinthians 1:26-29; Hebrews 12:2.

Loving Provision

It is as though God says to us,

"One of the problems with Time
and with sin
is that I come to the end
of each day
wanting to show My Love to you
in so many more ways
than I have been able to
in that day.

"I need Eternity
to fully express
to you
the immensity of My Love
for you.
There will Always
be more
of My Love
than you
have yet
experienced."

"But my God shall supply all your need according to his riches in glory by Christ Jesus." (Philippians 4:19, KJV)

Prayer

Abba, how I thank You for Your complete provision! Week by week, You provide me with warm and comfortable clothing, nutritious food, heat, air conditioning, a comfortable home, and transportation. You cover me with Your safety and protection, physically, emotionally, and spiritually. You equip me with everything that I need to finish the work that You have given me to do.

You surround me with Your angels. You envelop me in Your Love. You give me health, and wholeness, soundness of mind and body. You surround me with men and women of faith who go from strength to strength through times of great trial and hardship.

I turn to You in my weakness, Triune God, and You give me Your strength. You raise up a standard for me against every evil design and intent of the adversary. You flood him out. Hallelujah! I bring my thoughts to You, Lord Jesus, and You transform my thinking with Your Truth. I pour out my feelings to You, and You comfort me. I confide in You during the day, and You respond. How sweet to walk and talk and sing with You!

I worship You, Lord Jesus, Abba, Holy Spirit. Thank You that it is possible to live in ongoing communion with You. Would You please make this my moment-by-moment lived reality? In Your Name, Lord Jesus, I ask this. Amen.

References

I Timothy 6:8; Psalm 84:6-7; II Corinthians 12:9; Isaiah 59:19; II Corinthians 10:5; Romans 12:2.

God's Treasure Hunt

Life
 used to be
 like a treasure hunt,
 as I hurried
 in the direction
 that I hoped
 would bring treasure,
 only to be disappointed
 again
 and again.

Now, Lord Jesus,
 I have found You:
 You Are my Treasure,
 and I get to keep You
 Forever.

Oh, Lord Jesus,
 how I worship
 that I am the treasure
 that You came seeking,
 and that You have found me,
 to keep Forever!

My eyes brighten with Your Love,
 with Insight after Insight.

"And ye shall seek me, and find me, when ye shall search for me with all your heart." (Jeremiah 29:13, KJV)

Prayer

Abba, how I worship that I am precious to You! How I praise and thank You that You sent Your Only Begotten Son for me, and that You, Lord Jesus, came seeking me and went down into death to secure my safety!

How I worship You, Abba, that You have raised me up with the Lord Jesus Christ in the heavenlies! How I adore You for the mystery that even while I walk this earth, I am already seated with Jesus and with Your other little ones in the heavenlies! How I worship You for the mystery that together as the Body of Christ, we are the fullness of God manifesting on earth! How glorious is our future and our present in Your eyes!

Holy Spirit, please keep my eyes continually open to these eternal realities, that I may walk every step in harmony with the Lord Jesus, Who Is "The Way, The Truth, and The Life." In Jesus' Name I ask this. Amen.

References

Luke 15; Ephesians 1:15-23; 2:4-7; John 14:6.

The Great Dance

**It is as though
the Lord Jesus is saying,**

**"Allow Me
to lead you
in the Great Dance
of Life."**

"...weeping may endure for a night, but joy cometh in the morning." (Psalm 30:5, KJV)

Prayer

Lord Jesus, how I worship that You share Your zoe Life with me! I am Alive, so Alive in You! How I worship that You came as the Word of God Lived Out that I might see the Word of God in Life! How I worship that, as I abide in You, You Are the Word Lived Out in me! Thank You that You set Yourself apart for me. May I set myself apart for You in every moment.

Thank You, Abba, for pouring out the gift of Your Holy Spirit on me. Thank You, Holy Spirit, for filling me with Your Joy and with Your Peace. Triune God, Your Joy is my Strength.

Thank You, Lord Jesus, for caring about my tears, and for weeping with me. May I experience Your Peace in every circumstance. May I turn to You for wisdom and understanding of the best way to respond in every situation. In Your Holy Name I ask this. Amen.

References

I John 1:1; John 17:19; Luke 11:13; Galatians 5:22; Nehemiah 8:10; Psalm 56:8; John 11:28-29, 33, 35-36; Romans 12:15; Philippians 4:7; Isaiah 11:2.

Bringing Heaven Here

**Dying,
Jesus laid down His life to protect me
from the penalty of my own wrongdoing.**

**He gave Himself in Love and prayer
for my growing.**

**Now He lives within me,
nurturing and protecting,
as we build a home together,
longing at last
to bring me safely Home to His Father,
and meanwhile,
bringing Heaven here.**

"Blessed are the poor in spirit: for theirs is the kingdom of heaven." (Matthew 5:3, KJV)

Prayer

Thank You, Lord Jesus, for loving me so much. Thank You for letting me know that You love *me!* Thank You for coming to dwell with me. Thank You for the comfort of Your Presence and of Your Words and of Your Holy Spirit.

Thank You, Abba, for sending Your Holy Spirit, so that You can grow in me the fruit of Your Love, Your Peace, and Your Joy. Holy Spirit, please work mightily in me, that I may increasingly abound in and manifest Your Love, Your Joy, Your Peace, Your Patience, Your Gentleness, Your Goodness, Your Faith, Your Meekness, and Your Self-Control. In Jesus' Name I ask these things. Amen.

References

John 14:16-21; Galatians 5:22-23.

A God Who Redeems Mistakes

**Jesus can turn even our mistakes
into an opportunity
for God to be glorified.**

**When Peter
impulsively struck out
with his sword
in his desire to protect Jesus
from an angry mob,
and cut off a man's ear,
Jesus healed the man.**

**Jesus revealed
His power and glory
on Peter's behalf
in the deepest crisis
of His Own Life,
and protected Peter
from the consequences
of an act
that came from a heart of love
but was ill-informed.**

"But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you." (Matthew 6:33, KJV)

Prayer

Triune God, how I worship that You truly do work all things together for good for those who love you! May I learn the lesson that You intend me to learn from every mistake.

Lord Jesus, one of the biggest mistakes I have made is in the area of my priorities. I have spent years focusing on many things other than Your Kingdom. Would you please forgive me for that and transform me by the Power of Your Word so that I truly seek first Your Kingdom and Your Righteousness all day every day?

I am not even sure of all that this command means, but I know that this is Your will for me. Please fill me by Your Holy Spirit with a deeper understanding of this Your Will, and with a heart of obedience. In Your Name I ask this, for my good and for Your Glory. Amen.

References

John 18:1-13; Luke 22:47-51; Romans 8:28; Isaiah 11:2.

Kingdom Life

**Life in the Kingdom of God
is a free gift
to all who will receive it,
born of God's immeasurable
and unending grace.**

**It is free,
yet costly.**

**It cost God
Jesus,
and it requires
our utter abandonment
of ourselves
to God.**

"Blessed are the poor in spirit: for theirs is the kingdom of heaven." (Matthew 5:3, KJV)

Prayer

Triune God, how I worship You for sharing the good news of Your Kingdom! How I worship You, Lord Jesus, for coming Yourself, the King, to reveal the character of Your Kingdom! How I praise and adore You, Abba, for translating me "from the power of darkness" into Your Kingdom of Light! (Colossians 1:13, KJV)

How I worship You, Triune God, for the opportunity to grow in my understanding of Your Kingdom, and to learn to live more like Jesus. How I praise You for Your mighty power at work in me to accomplish this!

Triune God, please fill me up with the lived understanding of all that it means to submit to Jesus Christ as Lord. In His Name I ask this. Amen.

References

Philippians 1:21; Colossians 1:19-29.

The Addictive Qualities of Sin

One of the problems
with unconfessed sin
is that it robs me
of the capacity
to take pleasure in God's gifts to me,
and to receive
all that He longs to give me,
and leaves desire unquenched.

Sin
is like an addiction
in that
it takes more and more
while giving
less and less.

How happy
are those
who realize
that what they are *really* thirsty for
is God and His Kingdom!

"Blessed are they which do hunger and thirst after righteousness: for they shall be filled." (Matthew 5:6, KJV)

Prayer

Triune God, how I worship You for Your Holy Word, which is living and powerful! How I praise You that as I immerse myself in Your Word, I discern those things in me that are of You and those that are not of You!

Holy Spirit, how I praise You for the Light of Your Holy Fire that shows up those things in my life that hurt my relationship with You! How I praise You, Lord Jesus, for the power of Your blood, that leads me to repent of those things, and enables me walk in Your Way!

Creator God, may I honor the body and the life, the mind and the heart, that You have given me, and care for them as Your precious gifts to me. Thank You for valuing me so much, and for showing me that I am precious to You, and that I am worthy of being treated with respect. May I behave toward myself as though I am what I truly am - Your precious daughter, royalty, and a priest in Your Kingdom.

Abba, Lord Jesus, Holy Spirit, please fill me up with the daily living experience of Your Love and of ongoing communion with You, so that I may become more and more like Jesus, in Whose Mighty Name I ask this, with great thanksgiving. Amen.

References

Hebrews 4:12; I Peter 3:7; I Corinthians 13:3; Revelation 1:5-6; Psalm 17:15.

* or son

A God Who Cries

Abba,
I worship You.
Who else has a God Who cries?

Who but You
would dare to make a creation
that could cause You pain?

Who else cares so much
about me?

You Love me
with an immeasurable Love.

I worship You
that when I was causing You pain,
You sent Jesus
to woo me back to You.

Thank You,
Lord Jesus,
for Your great patience with me,
and for Your Loving consistency,
for giving me time
to learn to know You,
and to learn to trust You.

"Blessed are they that mourn: for they shall be comforted." (Matthew 5:4, KJV)

Prayer

Lord Jesus, how I worship that You understand what it is to mourn! You wept over Jerusalem when they rejected You and refused what You had to offer. You wept with Mary when Your friend Lazarus died.

You were in such agony in Gethsemane that You were flat on the ground, with the sweat pouring off of You. You understand fully what it is to want to avoid being the target of abuse. Yet in that one situation, Calvary, You were willing to walk toward those who hated You, in order that we, Your little ones, might Live with You Forever. Thank You for being willing to pay such a great price. Thank You for Your faithfulness to God as You went through all those false accusations and assaults and crucifixion. Thank You for Your devotion to me and to each of Your other little ones. Thank You that You were willing to do this for our sakes, that You might bring us to Glory with You.

What an amazing God You are! I worship You, Lord Jesus. I worship You, Abba, for sending Jesus for this purpose. I worship You, Holy Spirit, for abiding on Jesus, and for coming to live in me. Triune God, may I bring You Glory that lasts Forever. In Jesus' Holy Name I ask this. Amen.

References

Genesis 1:1; Galatians 4:4-5; II Peter 3:9; Luke 19:41-44; John 11:35; Matthew 26:39; Luke 22:44; John 18:3-9; John 1:32-34; Luke 11:13.

The Essence of Pride

**Triune God, the essence of pride
is to refuse to listen to You,
to follow my own way
in even one small matter.**

**It is showing off
what You have given me
as though I had won it
apart from Your Divine favor.**

**It is acting
as though any gift
were mine to keep,
instead of a trust to invest for You.**

**It is coming against
those who are chosen of God
and precious to Him.
It is refusing to hear
the cries of those in trouble.
It is blocking You out of my mind.**

**It is something You hate.
It is a lie and it deceives.
It hardens a person's mind.
Instead of being a path to greatness,
it is followed by shame and destruction.**

"Blessed are the meek: for they shall inherit the earth." (Matthew 5:5, KJV)

Prayer

Lord Jesus, would You please purge me of pride, and fill me instead with Your Spirit of Wisdom? I know so little about meekness. Would You please help me to see You more clearly so that I may better see what it looks like?

Lord Jesus, I am astonished at Your humility. You Are, with Abba and with the Holy Spirit, the Creator of the universe. You are the Person Who has redeemed a fallen race. Yet You Are humble. Who else has a humble God?

Triune God, would You please help me to grasp how beautiful and how priceless humility is? I want to learn to walk with You like Enoch walked with You, faithfully and utterly. In Your Name and for Your Glory I ask this. Amen.

References

Leviticus 26; II Chronicles 32:26; Psalm 10:2; Job 35:12; Psalm 10:4; Proverbs 8:13; 11: 2; 16:18; Jeremiah 49:16; Daniel 5:20; I Timothy 3:6; Isaiah 11:2; Genesis 5:24.

The Value of Humility

**Lord Jesus,
if You had not had humility,
there would have been
no cross
and no redemption.**

"Let this mind be in you, which was also in Christ Jesus: Who, being in the form of God, thought it not robbery to be equal with God: but made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men: and being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross. Wherefore God also hath highly exalted him, and given him a name which is above every name: that at the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth; and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father." (Philippians 2:5-11, KJV)

Prayer

Lord Jesus, I am awed that You are *still* humble. Even though You are now raised to Abba's right hand in Glory, yet You set Yourself apart for me and for Your other little ones, and come close to keep us company throughout our days, and to abide with us in Your Holy Spirit. You tenderly and gently care for us.

Lord Jesus, by the Power of Your Blood and of Your Resurrection, please make me like You in Your humility. I ask this in confidence that this is Your perfect will for me, and in confidence that You will do this. Grant me the strength of character to serve You and your little ones, and to serve well. How I worship You for Your Example of going lower down, of washing the feet of those who followed You, so that I can see what this looks like! Thank You that You continue to cleanse me by the Power of Your Blood, and by the water of Your Word.

May I live in every day the truth of Mary's words, "Behold the handmaid of the Lord." May I live out the truth of James' words, who called himself Your bonds slave. Please keep my ears attuned to Your Voice, so that when You call, I say with little Samuel, "Speak, LORD; for thy servant heareth." (I Samuel 3:9, KJV) In Your Name, Lord Jesus, I ask these things, for my good and for Your Glory. Amen.

References

Ephesians 1:20; John 17:19-23; Exodus 33:14; Ephesians 5:29; Galatians 5:22-23; John 14: 13; 13:3-17; Ephesians 5:26; Luke 1:38; James 1:1.

Pure In Heart

**Triune God,
may I move forward together with You,
and with Your other little ones,
made one in Your Holy Spirit:
each one of us
infinitely precious,
separate, and unique,
yet amazingly, wonderfully,
made one in Your Love.**

"Blessed are the pure in heart: for they shall see God." (Matthew 5:8, KJV)

Prayer

Lord Jesus, how I worship You for Your Holy Fire and for the fire of testing and adversity which purifies! How I thank and praise You, Abba, for Your pruning process, which removes from my life what is non-productive, or minimally productive, that I might bear more fruit! How I worship You, Holy Spirit, for the beauty of Your fruit, and that You labor to produce in me such a beautiful Love, and transcending Joy, and unfathomable Peace, and great Patience!

Lord Jesus, please continue to purify me by Your Word and by the Power of Your Blood, that only what is of You may flow from me. Please purify me to the core of my being, and fill me with Your Truth and with Your Wisdom. Please transform my thinking by Your Truth, so that I reflect You. Teach me, Triune God, to delight in You, that You may align my desires with Yours, and then fulfill them. How I worship You for the beauty and Joy of Your desires fulfilled within me!

How I worship You for the privilege of seeing You in Spirit, Triune God! May I endure, "as seeing Him Who is invisible," and shout for Joy in someday seeing You Face to face. (Hebrews 11:24-27, KJV) In Jesus' Mighty Name I ask these things. Amen.

References

John 17:20-23; James 1:2-4; John 15:1-3; Galatians 5:22; I John 1:7; Psalm 51:6; Romans 12:1-2; Psalm 37:4; I John 3:2.

Working and Resting in God

**Lord Jesus,
please help me to balance
the truth that I am Your servant
with the truth that I am part of Your Bride.**

**Thank You
for calling me apart to rest in You.**

**Thank You
for nourishing and cherishing me.**

**Thank You
for singing over me.**

**I worship You
that, as I work with You in Your Way,
the burden is light.**

*"For no man ever yet hated his own flesh; but nourisheth and cherisheth it, even as the Lord the church."
(Ephesians 5:29, KJV)*

Prayer

Thank You, Triune God, for waking me, and for calling me to spend time with You. How I thank You for bringing Your Life into my spiritual death! Thank You for showing me that the Way to filling and to the Joy that is my strength comes through spending time with You.

Thank You, Lord Jesus, that You are a Safe Place for me to be. Thank You that Your plan is to make me, along with all your other little ones, "glorious!" Thank You that You love me as You love Yourself, as part of Your Body. Thank You for teaching me to take good care of myself - spiritually, emotionally, and physically - and thereby honor myself as a weak vessel. Thank You, Triune God, that You know my frame, and You remember that I am dust. Thank You for what You do with dust! You take dust and breathe in the Life of Your Eternal Spirit and call me to commune with You!

Holy Spirit, please fill me with Your wisdom that I may use all the time that Abba gives me wisely, and choose Your Most Excellent Way, the way of *agape* love. Thank You for giving me understanding of Your will for me, that it is to be filled with You. How I praise and adore You, Holy Spirit, for Your filling, and for the music that comes in You!

May I continually seek more of You, Lord Jesus, and draw from You as a branch draws Life from the vine, so that in every interaction, I bear the fruit of Your Love, Your Peace, Your Patience, and Your Joy. May I look to You continually, so that I become more and more like You! In Your Holy Name I ask this. Amen.

References

Mark 6:31; Ephesians 5:29; Zephaniah 3:17; Matthew 11:28-30; 26:36-41; Ephesians 5:11, 14-19, 25-29; Psalm 103:14; Genesis 2:7; I Corinthians 13; I Peter 3:7; II Corinthians 3:18.

“God Is The Strength Of My Heart”

**"My flesh and my heart faileth:
but God
is the strength of my heart,
and my portion for ever."
(Psalm 73:26, KJV)**

**How I worship that,
although I grow tired,
You will never cease
to care for me!**

**You have begun
to transform me
and You will continue
that process
until I see Jesus
Face to face
and the transformation
is complete.**

"They that sow in tears shall reap in joy. He that goeth forth and weepeth, bearing precious seed, shall doubtless come again with rejoicing, bringing his sheaves with him." (Psalm 126:5-6, KJV)

Prayer

Abba, how I worship that Your Joy is my Strength! How I praise and adore You for the eternal pleasures that are at Your right hand, where Christ is seated! How I worship You for raising me up in the heavenlies with Jesus, so that even Now I can rest in Him, in Your Presence, in Your Peace and in Your Joy. What a great God You Are, that in difficult circumstances, You make a way for me, like You did for Paul and Silas in prison, still to pray and to praise You! I worship You that, when I pray and praise, You change circumstances and You change me! I praise You that in every difficulty, I can experience Your boundless Joy.

I worship You, Lord Jesus, for Your example of setting Your face like a flint toward Calvary, for the Joy that was set before You. I worship You that I am part of Your Joy, part of what You saw that motivated You to keep going. I worship You that You, like John the Beloved, "have no greater joy than to hear" that we, Your little ones, "walk in truth." (III John 1:4, KJV)

I worship You, Triune God, for what You are going to do New in the days ahead. I thank You for Your blessing on every person who journeys along the Path to grow deeper in Your Love: may You birth wonders in our minds and hearts, that we may continue to rest in and rejoice daily in Your Presence. I love You, Holy Spirit. I love You, Lord Jesus. I love You, Abba. Thank You for Your Great Faithfulness. In Jesus' Name I pray. Amen.

References

Nehemiah 8:10; Psalm 16:11; Ephesians 1:20; 2:6; Acts 16:25-26; II Corinthians 7:4; Isaiah 50:7; Isaiah 12:2; Lamentations 3:22-23; Ephesians 3:20-21.

Encore

**Being filled
with the Holy Spirit
is like breathing.**

**A baby
doesn't just take in
one breath
at birth:
that would be
insufficient.**

**The first breath
is critical,
but insufficient.**

The baby needs to keep breathing.

**So, too, with me:
I need to keep breathing in
and out
the filling and the flowing
of the Holy Spirit.**

"...be filled with the Spirit; speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord." (Ephesians 5:18-19, KJV)

Prayer

Holy Spirit, how I worship and thank You for the gift of music that resides in Your filling! Thank You for all the songs and Scriptures that You bring to mind. May I continue to seek more of You with every breath this day, and may You and Your fruit flow from me in every word and action. I love You, Holy Spirit. I thank You for the Treasure of learning to know You better in this day.

Lord Jesus, thank You so much for asking the Father to send the Holy Spirit. Abba, thank You for sending Your Holy Spirit. I worship You, Triune God, for the communion that is possible in Your Spirit. In the Mighty Name of the Lord Jesus Christ I pray. Amen.

References

John 14:26; Galatians 5:22-23; I Corinthians 13; John 14:16-17.

Afterword

*"...My Presence shall go with thee,
and I will give thee Rest."*

(Exodus 33:14, KJV)